



ANNUAL REPORT STUDENT WELFARE AY 2023-24

**Manav Rachna International Institute
of Research and Studies**

(Deemed to be University under section 3 of the UGC Act, 1956)
NAAC Accredited "A++" Grade University

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Message from the Dean's desk

Manav Rachna lays special emphasis on students' welfare, and, therefore, has a full-fledged Department of Student welfare for this purpose. Department of Student Welfare (DSW) is a student care and supervision center that serves as a liaison between students and administration. DSW closely works with students across all years to provide leadership, social, extracurricular and academic counseling programmes. The Department also seeks to challenge students to become responsible and productive citizens of society and to support the University's educational and administrative goals to enhance or address aspects of the entire student experience. The main purpose behind setting up of such department is to contribute towards the development of an academic environment that promotes productive learning and academic success, while abolishing the stressing and challenging situations that could arise for one or another reason.

The Department is committed to fostering the overall development of students through a variety of student-focused programs. It believes that, given the right opportunities, students' hidden talents can be discovered and nurtured. The Department's goal is to promote extracurricular and developmental activities by identifying students with interests and talents in areas such as Music, Dance, Literature, Fashion, Arts, Social Responsibility, Theatre, Photography, and Health. By providing a supportive environment for these activities, the Department significantly contributes to the holistic development of students.

Moreover, the DSW plays a crucial role in advancing Sustainable Development Goals (SDGs). By encouraging social responsibility and active participation in extracurricular activities, the Department helps students develop essential skills and values for sustainable development. This holistic approach not only enhances individual potential but also supports broader efforts towards creating a more equitable and sustainable future.

Dr. Gurjeet Chawla

Dean - Student's Welfare & Director - RMR, MRIIRS

I. ABOUT STUDENT WELFARE

The Institution lays special emphasis on student's welfare, and, therefore, has a full-fledged Department of Student welfare for this purpose. Student Welfare (SW) is a student care and supervision center that serves as a liaison between students and administration. SW closely works with students across all years to provide leadership, social, extracurricular and academic counseling programmes. The Department also seeks to challenge students to become responsible and productive citizens of society and to support the University's educational and administrative goals to enhance or address aspects of the entire student experience. The Department of Student Welfare has professionally trained professional to help students through the unanticipated problems that sometimes comes in their way. The main purpose behind setting up of such department is to contribute towards the development of an academic environment that promotes productive learning and academic success, while abolishing the stressing and challenging situations that could arise for one or another reason.

The Department is engaged in developing the personality of the student in all spheres of life which it undertakes through various student-oriented programmes. It believes that given an opportunity, it will bring out the hidden talent of the students. The Department aims at promoting extra-curricular and developmental activities among students by identifying talented and interested students in the areas of Music, Dance, Literature, Fashion, Arts, Social Responsibility, Theatre, Photography, Health etc. and thereafter, nurturing their individual talent and giving them a supportive environment to plan and execute various activities in the said areas, thus making a major contribution towards their holistic development.

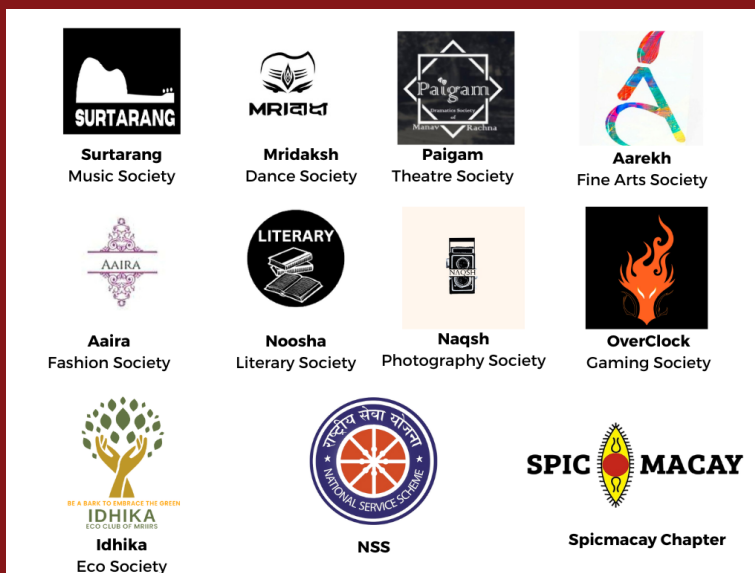
The Department is housed in a magnificent Students Activity Centre, equipped with all amenities. The Department shares the responsibility of educational tours organized by various teaching departments. A large number of camps and adventure courses like Trekking, Youth Leadership Training Camps, Value-based Spiritual Course, Personality Development Camp, Youth Parliament, Students Talent Hunt, Documentary, Literary, Photography, Festivals celebration, Treasure Hunt, Talent Competitions for Faculty and Staff, Film and Book reviews, Debates and Declamations, Folk Dance competitions, etc. are organized. Annual Cultural Fest RESURRECTION consisting of many events of Music, Dance, Theatre, Literary, Fine Arts and Culture is also organized during an academic session. Social Responsibility drives, Anti ragging seminars, Street Plays, photography competitions, workshops and National Festivals like Independence Day, Republic Day are celebrated with patriotic fervor, year after year. A Techno- Management Fest, especially designed for the students of Engineering, Management and other technical Institutions, is also organized in association with various faculties of the University.

Department of Students Welfare feels pleasure in welcoming all the aspiring candidates to participate in these competitions with an aim to provide them suitable opportunities to identify and nurture their talent in the years to come.



II. STUDENT SOCIETIES

Manav Rachna Student Societies have an important role in the integration of sustainable practices through co-curricular and extra-curricular activities. MRIIRS students being the members and leaders of different Student Societies and CLANS are actively working towards the Sustainable Development Goals as defined by the UN.



1. Dance Society: MRIDAKSH

Mridaksh, the vibrant Dance Society, engages in a variety of dance forms, including Solo, Duet, Group, Western (salsa, jazz, street, etc.), Traditional, and Folk dances. By participating in numerous competitions, festivals, and events, Mridaksh fosters social and cultural interaction, promoting a sense of community, well-being, and togetherness. The society aligns with Sustainable Development Goals (SDGs) by encouraging good health and well-being (SDG 3) and fostering inclusive and sustainable communities (SDG 11). Mridaksh inspires its members to channel their energy into meaningful activities, contributing to their personal growth and the broader Goal of Sustainability.



2. Music Society: SURTARANG

The Music Society, SURTARANG, offers a diverse range of musical activities including Solo and Duet performances, Group Singing, Jugalbandi, Battle of the

Bands, Folk, Sufi, Classical, Western Music, Instrumentals, Parody, and Jamming sessions. Society also organizes and participates in music festivals. Through these activities, SURTARANG harnesses the profound power of music to promote human development, foster relationships, and strengthen social connections both on campus and in the Community.



SURTARANG's initiatives align with the SDGs, particularly in promoting good health and well-being (SDG 3) by using music as a tool for emotional and mental wellness. The society also contributes to quality education (SDG 4) by providing learning opportunities in various music genres and performance skills. Additionally, it fosters a sense of community and inclusivity, supporting SDG 11 by creating sustainable communities through Cultural Enrichment and Social Engagement.

Through its events, competitions, and celebrations, SURTARANG not only enhances the cultural vibrancy at the campus but also actively contributes to Sustainability and the Holistic

development of its members and the Community at large.

3. Theatre Society : PAIGAM

The Theatre Society; PAIGAM, encompasses a diverse range of performances, including Nukkad Natak, Drama, Skits, Stand-up comedy, Mono acting, and Mimicry. Recognizing the profound impact of drama on Societal Development, PAIGAM focuses on Cultural Innovation, Artistic values, and the Preservation of Heritage and Values. Embracing Sustainability as a core principle, the society fosters events and competitions that promote Sustainable interventions, encouraging learning and motivating behavioral change. Through its activities, PAIGAM aims

to enhance social cohesion, bolster self-esteem, develop cognitive skills, and foster a sense of community, aligning with several Sustainable Development Goals (SDGs) such as Goal 4 (Quality Education), Goal 11 (Sustainable Cities and Communities), and Goal 16 (Peace, Justice, and Strong Institutions).





4. Fashion Society: AAIRA

The Fashion Society AAIRA is an exemplary model of integrating Sustainability with Creativity. Engaging in a diverse array of activities such as Hairstyling, Beauty contests, Ramp Walks, Fashion Shows, Fancy Dress, and character displays based on various eras and writings, AAIRA promotes both Artistic expression and Environmental Consciousness.

AAIRA is committed to the Sustainable Development Goals (SDGs), ensuring that all its events and competitions adhere to principles of Sustainability. Members of the Society are well-versed in understanding the impacts of the Fashion business model and supply chain on both people and the planet. Through research and practical application, they strive to develop and execute events that reflect their Dedication to Sustainable Practices. This commitment not only enhances their creative pursuits but also fosters a culture of Sustainability within the Fashion domain, making AAIRA a pivotal contributor to MRIIRS's broader mission of Sustainable Development and Responsible Innovation.

5. Eco Society: IDHIKA

The Eco Society IDHIKA is dedicated to promoting Environmental Sustainability through various impactful activities and collaborations. This Society plays a vital role in

organizing environmentally focused events such as Environmental Youth Parliaments, Forums, and Advocacy initiatives. In partnership with the Dr. O.P. Bhalla Foundation, Unnat Bharat Abhiyan, and the Swachatha Action Plan (SAP), Paryavaran Sanrakshan Gatividhi (PSG) IDHIKA leads efforts in Waste Management, Water Conservation, Energy Conservation, and Ecological Awareness.



- Youth Parliaments and Forums: Platforms for young voices to discuss and advocate for environmental issues.
- Collaborative Initiatives: Working with the Dr. O.P. Bhalla Foundation and Unnat Bharat Abhiyan to foster sustainable practices.
- Swachatha Action Plan (SAP): Engaging in Cleanliness drives and Awareness campaigns.
- Paryavaran Sanrakshan Gatividhi: Initiatives aimed at Environmental Protection and Conservation.

The society also focuses on Sustainable Development Goals (SDGs), striving to integrate these objectives .Through

partnerships with various University departments, IDHIKA ensures a comprehensive approach to Ecological Stewardship, impacting both rural and urban communities. Their efforts not only promote Sustainability on campus but also extend their Advocacy to a broader audience, fostering a culture of Environmental responsibility.

6. Literary Society: NOOSHA

The NOOSHA Literary Society is a dynamic forum engaging in a wide array of literary activities. These include Debates, Declamations, Model United Nations (MUN), Youth parliaments, Quizzes, Poetry, Article and Essay writing, Book and Film reviews, TV anchoring, News reporting, Panel discussions, and Storytelling competitions. NOOSHA not only equips its members with the skills to relate individual experiences to societal contexts but also enhances their understanding of human cognition and expression. Through its diverse activities, the Society enables members

to critically analyze and articulate the interplay between social, economic, and ecological aspects, fostering a deeper appreciation for literature and its multifaceted impact on Sustainability and Development.

Aligned with the Sustainable Development Goals (SDGs), NOOSHA promotes inclusive and equitable Quality Education, encourages lifelong learning, and supports initiatives that contribute to sustainable Development, ensuring its events and competitions not only celebrate literary talents but also advance Global Sustainability and Social Awareness.



7. Arts Society: AAREKH

The Arts Society- AAREKH, engages in a plethora of creative activities including Sketching, Painting, Clay modeling, Pottery, Cartoon making, Caricature, Tattoo design, Sculpture, Rangoli making, and Origami. They have also hosted various Art festivals and Exhibitions.

AAREKH not only focuses on producing visually captivating works but also addresses complex social issues through Art. Their Events, Competitions, and celebrations encourage a deeper understanding of Sustainability and Social responsibility, making significant contributions to the Art and Creativity.



8. Photography Society: NAQSH

The Photography Society NAQSH fosters Creativity and Social change through various activities including Photography, Film making, Videography, Workshops, and Exhibitions. Members are encouraged to explore their creative perceptions while also becoming agents of change. They participate in theme-based photography events and Photo walks, aiming to translate their vision into reality by promoting Sustainable practices aligned with Sustainable



Development Goals such as Quality Education, Sustainable Cities and Communities, and Climate Action.

9. Manav Rachna's SPICMACAY chapter

Manav Rachna's SPICMACAY chapter champions Indian cultural heritage through diversity avenues such as Classical music, Dance, Folk traditions, Yoga, Meditation, and Crafts. Events like the FEST series, VIRASAT series, and National Conventions engage students and educators. They also organize Music in the Park sessions, conduct heritage walks, host talks by eminent personalities, and organize Yoga Camps. Their activities align with Sustainable Development Goals (SDGs) by fostering Cultural Preservation, Promoting Education, and Enhancing Well-being.



10. Hip-Hop Society: OFFBEAT

Offbeat, the hip-hop society at MRIIRS, is the pulse of the rhythm. The society is bringing in the flow with a myriad of hip-hop expressions: solo verses, collaborative tracks, crew cyphers, and battling it out in rap showdowns. The society performs at various fests as opening acts as well as showstoppers. They're not confined to one style, but rather delving deep into boom bap, trap, freestyle, and conscious rap. They're also honing their skills in beatboxing, scratching, and live DJ sessions.

But their mission runs deeper.

Offbeat is using the language of hip-hop to uplift spirits and promote emotional and mental well-being, aligning with SDG 3. They're also educators, offering opportunities to learn and master the art of hip-hop, contributing to SDG 4. Additionally, they're fostering inclusivity and community spirit, building sustainable cultural connections and social engagement, in line with SDG 11. Through their events, competitions, and celebrations, Offbeat isn't just enriching the hip-hop scene; they're actively contributing to the holistic development of their members and the wider community, keeping the beat alive and vibrant.



11. Chess Society: SHAH MAAT

Shah Maat is a community of individuals united by their passion for the strategic and intellectual game of chess. They share a common interest in chess and are working on improving their skills and enjoying the game. They gather to play matches, participate in tournaments, and engage in discussions about chess strategies and techniques. The society provides a supportive and competitive environment for players to learn, grow, and socialize with like-minded individuals. Through their shared love of chess, members develop friendships, build confidence, and exercise their minds in a fun and challenging way.



12. National Service Scheme:

The National Service Scheme (NSS Wing) embodies a commitment to social responsibility and Sustainable Development. Through various initiatives, including Environmental Awareness, Anti-ragging campaigns, health and hygiene drives, Road Safety and promoting Education for All. The NSS Wing fosters a sense of Community involvement among both students and teachers. Their activities range from serving underprivileged communities to engaging in outreach programs. By addressing issues such as Education Accessibility, Crime Against Women, Drug-De addiction, Environment Protection, Social Justice and many other societal issues, the NSS Wing aligns with several Sustainable Development Goals (SDGs), including Quality Education, Gender Equality, and Sustainable Communities. Through their events, competitions, and celebrations, the NSS Wing plays a vital role in fostering Sustainability and Social Development.



III. Cultural Activities Organised during the Academic Year 2023-24

S. No.	Title of the Event	From (dd-mm-yyyy)	To (dd-mm-yyyy)
1	Community Outreach Program under MRLSP and UBA	13-07-2023	14-07-2023
2	Samarambh-Introduction of Student Welfare and Student-led Societies	14-07-2023	17-07-2023
3	Samarambh-Session on Motivation, Cyber Crime and Road Safety	21-07-2023	21-07-2023
4	Samarambh-Session on Clans	24-07-2023	25-07-2023
5	Samarambh-Session on Sahaja Yoga and Wellness	26-07-2023	26-07-2023
6	Talent Hunt and Crowning of Mr. and Ms. MRIIRS 2023	27-07-2023	27-07-2023
7	New India Debates Preliminary Round	08-08-2023	08-08-2023
8	Auditions for MRIIRS Societies	31-07-2023	31-07-2023
9	Ethical Decision Making and Social Responsibility	14-08-2023	14-08-2023
10	Independence Day Celebrations 2023	15-08-2023	15-08-2023
11	Anti-Ragging Documentary Presentation during Anti-Ragging Week	18-08-2023	18-08-2023
12	New India Debates-Final Round	01-09-2023	01-09-2023
13	Samarambh: Introduction of Students Welfare to New Batch of SDS	02-09-2023	02-09-2023
14	Celebration of Teacher's Day 2023	04-09-2023	04-09-2023
15	Celebration of Chandrayaan Mahotsav	04-09-2023	04-09-2023
16	Ganesh Chaturthi Celebrations	18-09-2023	18-09-2023
17	Visit to Waste to Wonders and National Zoological Park	14-10-2023	14-10-2023
18	Dandiya Evening	20-10-2023	20-10-2023
19	Observance of Vigilance Awareness Week	31-10-2023	31-10-2023
20	Celebration of National Unity Day	31-10-2023	31-10-2023
21	Awareness Program on Green Diwali	08-11-2023	08-11-2023
22	Celebration of National Constitution Day	26-11-2023	26-11-2023
23	Observance of World AIDS Day	01-12-2023	01-12-2023
24	Workshop on Voting Awareness	07-12-2023	07-12-2023
25	Celebrations of Christmas and New Year	27-12-2023	27-12-2023
26	Awareness Session on Organ Donation	11-01-2024	11-01-2024
27	Workshop on Creating a Healthy Self with Positive Affirmations	11-01-2024	11-01-2024
28	Pledge Taking Ceremony Donate Life-Join the Organ Revolution Campaign	12-01-2024	12-01-2024

29	Celebration of Lohri and Pongal	12-01-2024	12-01-2024
30	Celebration of National Voters' Day	25-01-2024	25-01-2024
31	Ek Ped Desh Ke Naam	20-07-2023	20-07-2023
32	Annual Environment Awareness Program-MR Rahgiri	01-07-2023	30-07-2023
33	One Week Workshop on Water in Life 1.0	024/7/2023	31-07-2023
34	Training Program on Tree Plantation and Ecosystem Restoration	14-08-2023	19-08-2023
35	Workshop on Water in life 2.0	11-09-2023	30-09-2023
36	Two Week Sensitization Program on Clean Air for Blue Skies	07-09-2023	21-09-2023
37	One Week Awareness Program on Endangered Species on World Rhino Day	18-09-2023	22-09-2023
38	Workshop on Recycling of Paper	26-09-2023	28-09-2023
39	Training Program on Ethics on Exploring Wildlife	02-10-2023	09-10-2023
40	Workshop on Movie Making on Sustainable future	09-10-2023	14-10-2023
41	Symposium on Air Toxicity on Bhopal Gas Tragedy Day	01-11-2023	01-11-2023
42	Three Day Workshop on Waste Management	15-11-2023	17-11-2023
43	Training Program on Dance	01-08-2023	30-08-2023
44	Training Program on Music	01-08-2023	30-08-2023
45	Training Program on Theatre	01-08-2023	30-08-2023
46	Training Program on Fashion	01-08-2023	30-08-2023
47	Celebration of Basant Panchami	14-02-2024	14-02-2024
48	Session on Creativity in the age of Artificial Intelligence Amrit Kaal Vimarsh Vikasit Bharat @2047	15-02-2024	15-02-2024
49	Cultural Program 3rd BRICSCESS Conference	26-02-2024	26-02-2024
50	Celebration of International Women's Day	07-03-2024	07-03-2024
51	Celebration of International Happiness Day 2024	20-03-2024	20-03-2024
52	Certification Ceremony of Student Council 2022-2023 and Flag Bearing Ceremony of Student Council 2023-2024	20-03-2024	20-03-2024
53	Passion Talk	20-03-2024	20-03-2024
54	Technovogue-Technical Fashion Walk Innoskill 2024	03-04-2024	03-04-2024
55	Haryana Social Internship Program Offline Meet	05-04-2024	05-04-2024
56	Voter's Pledge Ceremony	08-04-2024	08-04-2024
57	Ice Breaking Session Special Olympics Bharat (SOB)	11-04-2024	11-04-2024

58	Celebration of Vaisakhi	12-04-2024	12-04-2024
59	Awareness Program and Pledge Taking "Say No to Drugs"	30-04-2024	30-04-2024
60	Session on Voter Jagrookta	30-04-2024	30-04-2024
61	Seminar on Cardiopulmonary Resuscitation (CPR)	07-05-2024	07-05-2024

1. Introduction of Students Welfare during Deeksharambh "समारंभ"



Students Welfare organised "Samarambh" to welcome the newly admitted Batch of 2023-24 during "Deeksharambh" on **July 14, 2023** and **July 17, 2023** for SET, Non-SET and PG students. The event was curated with the motive to introduce the newly admitted students with the Students Welfare and different societies that work towards the well-rounded development of all. The event was graced by Dr. Gurjeet Kaur Chawla, Dean Students welfare and Dr. Pooja Khurana, Dy. Director, Students Welfare.

A video was crafted by the students of Students Welfare to acquaint the newly admitted batch with the Students Welfare and the activities conducted by it. The video exhibited the glimpses of



different Societies and the events conducted by the Department in the past.

2. "समारंभ"-Introduction to the Manav Rachna Life Skills Programme: Clans.

Manav Rachna International Institute of Research and Studies and Students Welfare, through the Manav Rachna Life Skills programme conducted a Session on Clans, for the students of both Engineering and other than Engineering on **July 24-25, 2023**.

The sessions were graced by Dr. Gurjeet Kaur Chawla, Dean, Students Welfare, MRIIRS; Dr. Pooja Khurana, Deputy Director, Students Welfare along with the



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team of Student Welfare; the four Clan Chiefs, Ms. Anima Puri (Air Falcons), Dr. Anjali Gupta (Water Sharks), Dr. Tripti Tyagi (Wild Cats) and Dr. Arti Saxena (Forest Rhinos); four Clan Vice-Chiefs, Dr. Neha Wadhawan (Air Falcons), Ms. Taniya Sah (Water Sharks), Dr. Sunita Joshi (Wild Cats) and Dr. Pooja Sharma (Forest Rhinos). The event was attended by over 600 students and Faculty members over the two days.

There was a pledge at this juncture, made by all Clans to

protect the Environment, under the aegis of the Paryavaran Samrakshan Gatividhi - 'Ek Ped Desh Ke Naam-From Sowing to Growing'.



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3. Session on Sahaja Yoga and Wellness "समारंभ"

Manav Rachna International Institute of Research and Studies, Students Welfare conducted a Session on Sahaja Yoga and Wellness, for the students of newly admitted batch 2023 on **July 26, 2023**. The session was graced by Lt. Gen VK Kapoor, Param Vishisht Seva Medal, Alumnus of National Defence Academy; Dr. Gurjeet Kaur Chawla, Dean, Students Welfare, MRIIRS; Dr. Pooja Khurana, Deputy Director, Students Welfare along with the team of Student Welfare; Staff Coordinators and Student Council members. The event was attended by a group of more than 350 students.

The first segment was on Sahaja Yoga and Education through Spiritual Learning, which was taken by Lt. Gen VK Kapoor, Param Vishisht Seva Medal,



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Alumnus of National Defence Academy. He focused on the Sahaja Yoga System of meditation, its essence, the transformation it enables in an individual's life and its methodologies.

4. Talent Hunt Preliminary round in "समारंभ"

"Everybody is talented because everybody who is human has something to express."—Brenda Ueland

Manav Rachna Students Welfare conducted a Talent Hunt Preliminary round for the title of Mr. & Ms. MRIIRS, for the newly admitted students of Engineering and Other than Engineering on **July 27, 2023**. The event was graced by Alumni Mr. Lokesh Rajput, Mr. World and Mr. India; Ms. Gunjan Kunwar, Ms. Uttarakhand and Model; Ms. Diksha Bhati, Professional Dancer, Choreographer and Winner, Sony Extrabase Dance Fest.

The event was attended by over 400 students and Faculty members.

The Talent Hunt was conducted at different venues during its initial stages. More than 200 students participated

and 40 were finalized to participate in Mr. and Ms. MRIIRS. After that he much awaited announcement of winners for different titles was done by Esteemed Judges.m of spiritual engagements.

The different titles announced were:

- Best Talent Male: Mr. Utsav Kumar, SET, Wild cats
- Best Talent Female: Ms. Pawani Arora, SBSS, Water Sharks
- Best Personality Male: Mr. Nirmaan Kapoor, SET, Water Sharks
- Best Personality Female: Ms. Naaz Ali, SET, Air Falcons
- Best Walk Male: Mr. Ronak Markus Toppo, SET, Water Sharks
- Best Walk Female: Ms. Sneha Khaddar, SLM-UG, Air Falcons
- Mr. MRIIRS: Ms. Ashmit Chaterjee, SET, Water Sharks
- Ms. MRIIRS: Ms. Tanvi Sharma, SET, Water Sharks



5. Celebration of Vaisakhi

"Wishing you a harvest of joy, love, and laughter. Happy Vaisakhi!"

On the auspicious occasion of Vaisakhi, Students Welfare organized a visit to Gurudwara for the members of Students Council and Student Societies on **April 12, 2024**. Students were accompanied by Dr. Gurjeet Kaur Chawla, Dean Students Welfare; Dr. Pooja Khurana, Deputy Director, Students Welfare; Dr. Arti Saxena, Clan Chief Forest Rhinos. The visit commenced with a heartfelt prayer led by the Gurudwara's Granthi, filling the air with melodious hymns and invoking a sense of peace and unity among the students. Following the prayer, the students were guided through the Gurudwara premises, learning about its rich history, significance and the principles of Sikhism.

The students were enlightened with the importance of the Vaisakhi Festival, Khalsa- The Panj Pyare and its principles in Sikh traditions. It was mentioned how Vaisakhi marks the beginning of Sikh and Punjabi New Year and the onset of harvest season. Students were also provided with profound knowledge about how Sikhs anticipating becoming a member of Khalsa need to be baptized with Amrit and mark their identity with Kesh, Kirpan, Karha, Kangha and Kachhera.



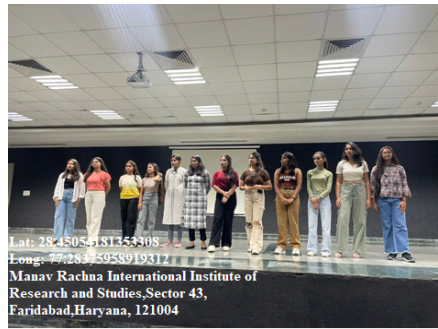
symbolized the sharing of divine blessings and fostered a sense of unity and brotherhood among the students. The visit to the Gurudwara left a lasting impression on the students, not only deepening their knowledge of Sikhism but also instilling in them a sense of respect for diversity and a spirit of communal harmony.



6. Auditions for MRIIRS SOCIETIES

With the advent of Academic Session 2023, Students Welfare organized the Auditions for MRIIRS Societies "Surtarang", "Mridaksh", "Aaira", "Paigam", "Aarekh", "Noosha" and "Naqsh" on **July 31, 2023**. The auditions aimed at providing a platform to the students to step into the spotlight, showcase their talents and aspirations for various creative pursuits. A total of 325 students registered for the Auditions for different Societies.

Auditions for the Fashion Society "Aaira"



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and Music Society "Surtarang" were conducted in the presence of Dr. Gurjeet Kaur Chawla, Dean Students Welfare and Dr. Pooja Khurana, Dy. Director, Students Welfare. During the Auditions of the Fashion Society, Participants walked the ramp on the alluring beats. They were judged on the basis of their Walk, Confidence and Body Posture. Participants performed a variety of musical styles during their auditions for the Music Society. Their judgement criteria included Rhythm, Scale, Pitch, Beat, and Tone.

These auditions not only served as a gateway for students to join their chosen societies but also fostered an environment of growth and excellence. Beyond the competitive aspect, auditions cultivate a sense of camaraderie and encourage students to push their boundaries, embrace challenges, and nurture their talents. The selected students will commit themselves towards honing their skills and representing the University at various National and International Platforms. All the societies will be facilitated with Experts or Mentors from respective fields to share their knowledge with students after the academic hours of the University.

7. New India Debates Preliminary Round

"Don't raise your voice, improve your argument." – Desmond Tutu

Manav Rachna International Institute of Research and Studies, Students Welfare in collaboration with Alumni Relations Office conducted the Preliminary round of the New India Debates on **August 08, 2023**. The topic for the Debate Competition was "Wokes": The New Generation of Entitled Hypocrites'. The Competition was judged by Dr. Gurjeet



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Kaur Chawla, Dean Students Welfare, MRIIRS; Dr. Pooja Khurana, Deputy Director, Students Welfare; Ms. Deepti Kapur, ARO and Ms. Antara Guha, MRIIRS CDC. The event was attended by more than 70 students along with Faculty members and Student Welfare Council members and more than 50 students participated in this round.

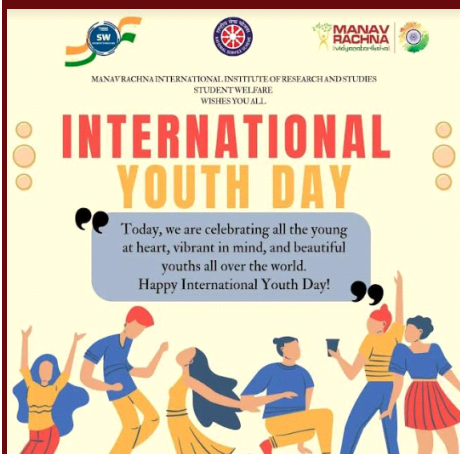
The aim of organizing the Preliminary Debate round was to select two Final Teams for the New India Debates Finale, which is to be held on September 01, 2023. Additionally, it helped to hone the public speaking skills of the students and teach them to be articulated while expressing their thoughts and opinions. The session was a kaleidoscope of opinions, thoughts and perspectives that enhanced the knowledge and understanding regarding the Woke Culture and its positive and negative impact on the present cultural setup around the World.



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8. International Youth Day

The United Nations instituted International Youth Day on **August 12** each year, beginning in 1999, to emphasize the noteworthy contributions of young people to society. This occasion facilitates the active involvement of young individuals in purposeful activities and events designed to tackle the challenges they encounter on a global scale. Across the globe, numerous events, conferences, and activities unfold, all with the goal of engaging young people in meaningful ways. These gatherings create opportunities for discussions on crucial global matters and act as catalysts for initiatives led by the youth. The influence of social media is also evident, as it plays a role in spreading awareness and promoting discussions on topics of significance.



9. Awareness Session on Ethical Decision Making and Social Responsibility

"Integrity without knowledge is weak and useless, and knowledge without integrity is dangerous and dreadful."
- Samuel Johnson

Manav Rachna International Institute of Research and Studies, Students Welfare and NSS Society conducted an awareness session on Ethical Decision Making and Social Responsibility on **August 14, 2023**. The session was conducted by Dr. Gurjeet Kaur Chawla, Dean Students Welfare, MRIIRS; Dr. Pooja Khurana, Deputy Director, Students Welfare and the Students Welfare Team. The event was attended

by more than 100 Students along with Student Council members.



Dr. Gurjeet Kaur Chawla began the session with an interaction regarding the meaning of Ethics. As the students voiced their responses, Dr. Gurjeet Kaur Chawla used the interaction to expound more about the topic. She pointed out the significant impact that Ethical Responsibilities and Values could have on different Societies and the Community, if handled well.

As the interaction progressed, she was also able to challenge the group to reflect and introspect on where each individual was ethically and morally. The questions were such that the students were able to come forward and share their experiences, both positive and negative. She also helped them understand how this could impact the decision making capabilities of everyone, which would eventually help build leadership qualities in each person. She shared a few pointers that could help an individual grow in this aspect.



10. Celebration of Independence Day 2023

"Freedom is not something that is given to you; it is something that you have to take." - Nelson Mandela

Manav Rachna International Institute of

Research and Studies, Students Welfare celebrated an event commemorating the 77th Independence Day on **August 15, 2023**. The event was graced by the presence of Honorable Vice-Chancellor, Dr. Sanjay Srivastava, as the Chief Guest for the day; Lt. Gen. R.K Anand, Director General, MRIIRS as the Guest of Honor; Ms. Saniya Balla, Head of Alumni Relations Office, as the Special Guest for the day, Senior Functionaries, Dr. Naresh Grover, Pro Vice Chancellor, Sh. R.K Arora, Registrar, Dr. Rizvi, Dean SAHS, Dr. Amit Seth, Director New Gen ID, Ms. Ritika, Director HM, Dr. Abhiruchi Passi, Deputy Director MRIIC and other Senior Functionaries, Staff members and Students.



The event started with the Rangoli Competition. The participating teams created amazing designs that were a combination of artisanship, arrangement, symmetry and great color combinations. There was a Kite Flying Activity for enthusiasts of Kites along with the Rangoli segment. Judges for the Rangoli competition, Dr. Geeta Thakur, Dr. Charu Virmani and Ms. Tanya Shah evaluated Rangoli.

The Chief Guest, Guest of Honor, Special Guests along with Senior Dignitaries were given a Guard of Honor by Student Council and Security Officials. The Vice Chancellor, Dr. Sanjay Srivastava, led the flag hoisting ceremony with the Guests of Honor, and Dignitaries present.



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The gathering applauded this remarkable ceremony and in a united manner all sang the National Anthem. Ms. Quareena, an intern from SDS, was the host for the day.

Ms. Sanya Bhalla, Head Alumni Relations Office, in her welcome address shared her views on the 'Har Ghar Tiranga' Campaign. Ms. Sanya spoke briefly about the Campaign and its significance in promoting the Spirit of Patriotism in each household of the Country. This was followed by a fusion performance of 'Matti' themed songs by the Music Society of MRIIRS, 'Surtarang'. Dr. Rizvi, Dean SAHS, performed a solo song soon after. Parallely the Fine Arts Society, 'Aarekh', worked on a Sand Art, based on the Freedom Fighters theme.

11. Anti Ragging Documentary Presentation during Anti-Ragging Week

"Ragging does not break the ice, it breaks lives, careers, and families"

In adherence to the AICTE initiated campaign for Anti Ragging Week from August 12, 2023 to August 18, 2023, Students Welfare continued its efforts to raise awareness among the community by organizing Screening of an Anti-Ragging documentary on **August 18, 2023**.



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Shreya Pandey, Student Council member, was the stage secretary for the event. She welcomed the gathering before the screening of the documentary. She briefly spoke about how MRIIRS maintains a cordial atmosphere within the campus and the role of the Senior Functionaries, Faculty Members and Staff in achieving it. The documentary screened was part of the UGC website, made freely available to be used on campuses across India, to sensitize, to enlighten and to help bring an end to ragging. In the documentary, issues such as cause and effect of ragging, not just on the victims, but on their extended family,

misconceptions surrounding it and ways to come out of it were addressed. Students were provided resources for further information on anti-ragging measures and support services.



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At the end of the screening, Dr. Devender Vashisht, Proctor, Anti-Ragging Wing of MRIIRS briefly introduced the purpose of the documentary presentation and the significance of Anti-Ragging Week and highlighted the importance of fostering a safe and inclusive environment within the campus.

12. New India Debates

12. New India Debates

"It is better to debate a question without settling it than to settle a question without debating it." – Joseph Joubert

Students Welfare, in collaboration with the Alumni Relations Office and New India Junction, conducted the Second Edition of the New India



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Debates on **September 01, 2023**. The topic for the intellectual event was "Wokes: The New Generation of Entitled Hypocrites." The event was graced by the Chief Guest and Honorable Member of Parliament, Sh. Tejasvi Surya; Dr. Sanjay Srivastava, Vice Chancellor, MRIIRS; Dr. N.C Wadhwa, Director General, MREI; Ms. Sanya Bhalla, Head of the Alumni Relations Office; Dr. Gurjeet Kaur Chawla, Dean of Students Welfare, MRIIRS; and Dr. Pooja Khurana, Deputy Director, Students Welfare. The event was attended by more than 400 students, alongside faculty and Student Welfare Council members.

Mr. Jujhar Singh and Mr. Atishay advocated for the notion, whereas Ms. Himanshi and Ms. Bhoomika Arora argued against it. The presentations of both teams were characterized by well-researched arguments, thoughtful rebuttals, and passionate deliveries. Ms. Kritika, a skilled moderator, facilitated the debate, ensuring that the discussions remained respectful, on-topic, and within the allotted time frames.

The Q&A session commenced after the allocated time had concluded. The moderator provided an opportunity for the audience to pose questions related to the topic. The event, in general, encouraged active audience participation through questions.

Sh. Tejaswi Surya, the Honorable Chief Guest, in his address, shed light on the challenges faced by a growing democracy like India and the importance of mobilizing a vocal and aware youth to help with governance complexities. Subsequently, the audience had an opportunity to interact with the Chief Guest, leading to a discussion with challenging and contentious questions being brought

forward and substantial perspectives being shared.

Ms. Sanya Bhalla, Head of the Alumni Relations Office, delivered a presentation on MRIMPACT.

The program was launched by the Honorable Chief Guest and dignitaries of the Dias with the objective to provide opportunity for students of Manav Rachna to do internships in a wide range of Departments, both Teaching and Non-Teaching and to enable a meaningful impact on their personal and professional growth.

The jury declared the verdict in favor of the team representing the motion, which consisted of Mr. Jujhar Singh and Mr. Atishay. The winners were awarded prizes, while the runner-up team was felicitated with participation certificates. A brief keynote address by the dignitaries, followed by the vote of thanks by the organizing committee, concluded the event.



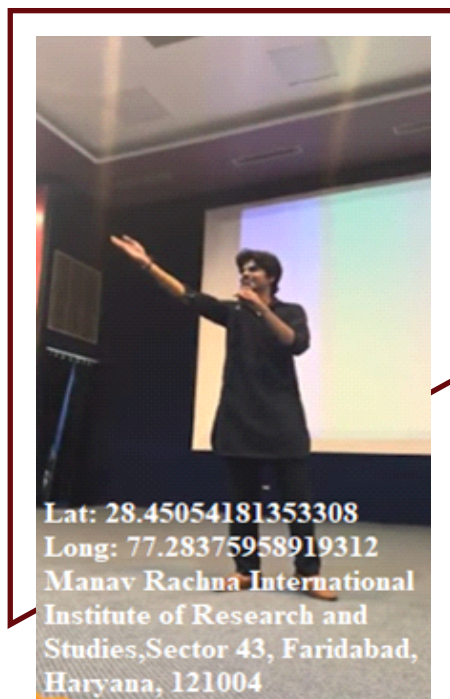
The event effectively achieved its objectives of promoting effective communication, critical thinking, and respectful debate. Participants, moderators, and the audience contributed to vibrant and thought-provoking discussions. Such events play a crucial role in nurturing intellectual growth and fostering a culture of open dialogue within the community.

13. Samarambh: Introduction of Students Welfare to New Batch of SDS

"Don't just be a student of the classroom; be a student of life."

Students Welfare, Manav Rachna International Institute of Research and Studies conducted an Introductory Session "Samarambh" to welcome the newly admitted Batch of 2023-24, School of Dental Sciences on **02.09.23**. The event was curated with the motive to introduce the newly admitted students with the Students Welfare and different societies of MRIIRS that work towards the well-rounded development of the students. The event was graced by Dr. Puneet Batra, Principal SDS, Dr. Gurjeet Kaur Chawla, Dean Students welfare and Dr. Pooja Khurana, Dy. Director, Students Welfare.

The Stage secretary Mr. Nakul Sharama, Student Council Member extended a warm welcome to the Esteemed Faculty Members, Newly Admitted Students, Parents, Members of different Societies and Student Council. A video was crafted by the students of Students Welfare to acquaint the newly admitted batch with the Students Welfare and the activities conducted by it. The video exhibited the glimpses of different Societies and the events conducted by the Department in the past.



14. Teacher's Day Celebrations 2023

"A teacher affects eternity; they can never tell where their influence stops."
- Henry Adams

On **September 5, 2023**, Manav Rachna International Institute of Research and Studies, Students Welfare celebrated Teachers Day enthusiastically to honor the special occasion of GURU's. The event was graced by Dr. Rizvi, Dean SAHS; Dr. Gurjeet Kaur Chawla, Dean, Students Welfare, MRIIRS; Dr. Abhilasha Shourie, Professor SET; Dr. Sabiha, Professor, SET; Dr. Sunita, Assistant Professor, SAHS and the team of Student Welfare. The event was attended by over 450 Students and Faculty members.

The Fine Arts Society "**Aarekh**" showcased their Live Art presentation based on the theme "**Guru Ki Chhavi**". They created portraits of Senior Functionaries of MRIIRS. It was an awesome display of artistic skills. The Literary Society, "**Noosha**" performed "Tribute from a Poet's Palette" that portrayed the incredible contributions of a teacher in the life of students. Surtarang, the Music Society, performed retro songs, which got the crowd involved in singing along with the band. The performance by Music Society underscored the overall sense of positivity at the event. It was followed by a special song, by Dr. Abhilasha Shourie, Professor from the SET Department.

Paigam, the Theatre Society, performed "Teacher's Spotlight: A Theatrical Tribute" in honour of the life and contributions of teachers. The play initiated an intriguing and emotional response from the crowd. Dr. Rizvi, Dean SAHS, sang a special song for everyone. The performance was followed by Fashion Society "Aaira". They presented Retro Runway to celebrate some of the Fashion influences in a Teacher's life. They also recreated some of the old fashion hits on stage. As part of the special performances by Faculty members, Dr. Sabiha, Professor from the SET Department, shared a few thoughtful Couplets which showed the multi-talented nature of a Teacher's life.

Dr. Nidhi Aggarwal and Team from Shrija Welfare Society conducted a Tarot Reading session for Teachers and Staff to celebrate and honour the contributions of teachers. Tarot reading sessions provided individuals with the sense of self-reflection, which can be meaningful for teachers who dedicate their lives to the well-being and education of their students. The session not only served as a fitting tribute to the teachers but also created an opportunity for them to gain a new perspective.



Mridaksh, the Dance Society, gave an energetic performance, a fusion of old Bollywood Hits, titled, "Unn Dino Ki Baat" with the voice over given by RJ Sagar Tewatia, Radio Manav Rachna. The performance added more meaning to the special occasion. A special fun duet dance performance by Student Welfare Council members, Mr. Vansh and Mr. Harshinder were presented which left everyone mesmerised. As a fitting finale to the event, Dr. Sunita, Assistant Professor from the SAHS Department, performed a song. The Fine Arts Society showcased their final artwork. The event was concluded with the Vote of Thanks by Dr. Gurjeet Kaur Chawla, Dean Students Welfare.



15. Celebration of Chandrayaan Mahotsav

"When you have a dream, you've got to grab it and never let go." - Carol Burnett

Manav Rachna International Institute of Research and Studies, Students Welfare celebrated Chandrayaan Mahotsav, as directed by the University Grant Commission, to celebrate the triumph of the Chandrayaan Mission, on **September 4, 2023**. The event was attended by over 300 students and Faculty members.

The occasion witnessed the participation of different MRIIRS Societies showcasing performances centered around themes of Patriotism and the Moon. At the onset, Ms. Himanshi, Member, Literary Society "Noosha" delivered a speech about the successful landing of Chandrayaan 3. Mr. Jujhar Singh, winner of New India Debates also shared his views on the success of Mission Chandrayaan.



OverClock, the Gaming Society, showcased a video compilation featuring the reactions of the members of MRIIRS, on the success of Chandrayaan mission.

Mridaksh, the Dance Society, presented a mesmerizing rendition of the Shiv Tandav in honor of the name "Shiv Shakti," bestowed upon the landing site by the Honorable Prime Minister, Sh. Narendra Modi Ji. At last, the event left everyone filled with joy and a deep sense of pride in the success that Chandrayaan Mission had brought to the Nation.



16. Ganesh Chaturthi Celebrations

वक्रतुण्ड महाकाय सूर्यकोटि समप्रभ।
निर्विघ्नं कुरु मे देव सर्वकार्येषु सर्वदा ॥

Manav Rachna International Institute of Research and Studies, Students Welfare celebrated the festival of Ganesha Chaturthi on **September 18, 2023** with great enthusiasm and devotion. The event was attended by the team of Students Welfare and over 200 students and some Faculty members. The event was curated by the hostel students to observe the occasion that is deeply rooted in their culture to seek divine blessings of the elephant-headed God of wisdom and prosperity, Lord Ganesha.

The students and the staff worshiped the idol of Ganesha with much fervor and joy. The celebrations initiated with the auspicious welcome of Ganesha. Aarti was performed to invoke blessings and express the deep feelings of devotion towards the deity. The wonderful celebration served as a ceremony to unite all with the pious feelings of reverence.



The event was attended by a gathering of students, many of whom were dressed in traditional attire, showcasing their best looks. Following the Aarti, prasad was distributed to all attendees, and this was followed by an engaging cultural program. During the Cultural Program, students dazzled the audience with their captivating dance, mesmerizing music performances and story recitals. As a part of the ritual, the deity was carried a short distance before the 'Visarjan' ceremony was performed. With love in their hearts and hope for his return the next year, students immersed the eco-friendly idol of Lord Ganesha in the water, a ritual symbolizing Ganesha's homeward journey to Mount Kailas- the abode of his parents, Shiva and Parvati.

building and pave the path of harmony within the campus.



Prizes for "The best dancer" and "The best dressed" were awarded to uplift the spirits of all the participants. Best Dancer was awarded to Ms. Muskan, BCA, SCA and Ms. Perna Thakur, BBA, SLM. Best Dressed (Faculty) was awarded to Ms. Pronika, SET. Mr. Madhur, BCA, SCA and Prashant Ahuja, B.tech CSE, SET won the prizes for Best Dressed Male. Best Dressed Female were awarded to Tanya Saxena, BJMC ,SMeH and Kritika Gupta, BBA (Digital Marketing), SLM. Everyone came out to dance and participate with a feel to enjoy the rest of the evening with an absolute sense of freedom and ecstasy.



17. Dandiya Evening

A vibrant and spirited Dandiya Night was organized by Students Welfare on **October 20, 2023**, filled with joyful rays of euphoria and zeal. The event attracted participants from the campus across departments. Students and Faculty members enthusiastically and whole heartedly danced their hearts out at the dandiya event. The evening opened with much shine and shimmer as the gathering, mostly dressed in Indian attire, mesmerized the night through warm colours. Busy in showcasing their rhythmical steps and enjoying delicious snacks, from the stalls that were set up by student representatives, every aspect of the evening was mesmerizing. It was also an ideal event to boost community



18. Celebration of National Unity Day

"Manpower without unity is not a strength unless it is harmonised and united properly, then it becomes a spiritual power." -Sardar Vallabh Bhai Patel

Students Welfare celebrated National Unity Day, also known as Rashtriya Ekta Divas with the purpose to pay tribute to Sardar Vallabh Bhai Patel with Utsav of Excellence celebrated by Career Development Centre, with great enthusiasm and fervour on **October 31, 2023**. The occasion was marked by a unique and vibrant celebration where students from different departments hailing from different States across India came together to promote the values of Unity and Integrity. The event was graced by Ms. Sanya Bhalla, Head Alumni Relations, MREI, Mr. Rajiv Kapoor, MD, MREI, Dr. Hanu Bhardwaj, Director, CDC; Dr. Parul Jhaharia, Dean,

School of Management and Humanities, MRU, Dr. Jyoti Pruthi, Professor, MRU, Dr. Gurjeet Kaur Chawla, Dean, Students Welfare, MRIIRS and Team CDC.

The celebrations began with a colourful display of cultural diversity as students embraced the rich and diverse traditions of India by wearing cultural dresses from various states. The sight of students donned in traditional attire, such as sarees, dhotis, turbans and other regional garments, exemplified the beauty of India's cultural tapestry. The gesture aimed to highlight the



importance of recognizing and appreciating the country's multifaceted heritage, irrespective of regional, linguistic, or cultural differences. A significant part of the Unity Day celebration was the solemn Oath-taking ceremony. Students gathered in the spirit of unity and recited the Oath, pledging their unwavering commitment to upholding the values of honesty and unity in their personal and professional lives.



19. Awareness Program on Green Diwali

Let's light up our hearts with joy, not crackers. Wishing you a green and happy Diwali!



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Students Welfare organized Celebration of Green Diwali, an initiative to encourage the Community to celebrate Diwali, the festival of lights in an eco-friendly manner under Manav Rachna Life Skills Programme on **November 08, 2023**. The event was graced by Dr. N.C Wadhwa, Honorable Director General MREI, Dr. Gurjeet Kaur Chawla, Dean, Students Welfare, Clan Chiefs, Clan Vice-Chiefs, Faculty Members, and students. The event witnessed participation of more than 100 students. Esteemed Guests for the day lit the auspicious lamp to seek blessings for all.

Host for the day, Ms. Vidhi Dawar, extended a warm welcome to the Dignitaries, Faculty members and students. She invited Dr. N C Wadhwa to enlighten the gathering regarding the significance of Eco-friendly Diwali. In his address, Dr. Wadhwa emphasized on the Environmental crises that Delhi- NCR and other states are facing. He highlighted how the pollution is affecting the health and daily life of residents in and around the various regions. He motivated everyone to contribute their bit towards a pollution-free State and adapt mechanisms to curb the rising pollution levels.

A pledge taking ceremony was conducted to promote the theme 'Green Diwali: Love Light Sustainability' among the students. The students also displayed placards with the motive to spread the message on the SDG Goals of 'Climate Action', 'Life on Land' and Swachhta Hi Sewa 3.0 and Vocal for Local.



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20. Celebration of National Constitution Day

“Constitution is not a mere lawyer's document, it is a vehicle of Life, and its spirit is always the spirit of Age.”

-Dr. B.R Ambedkar

On the occasion of National Constitution Day, Students Welfare and the NSS in collaboration with different Departments from various Schools organised a Preamble Reading Ceremony on **November 26, 2023**. The ceremony aimed to commemorate and uphold the spirit of the Constitution of India, a document that lays the foundation for the world's largest democracy. The collaboration with different Departments symbolized the unity and inclusivity that the Constitution envisions for the nation. One of the highlights of the reading of the preamble by students was the powerful expression of their commitment to the democratic values enshrined in the Constitution. The resonance of the words of the preamble echoed through the Campus, fostering a sense of patriotism and civic responsibility among the participants. The occasion not only served as a reminder of the significance of the Constitution but also provided a platform for students from various



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disciplines to come together and engage in meaningful dialogue about the principles that guide the Nation. Overall, the Celebration of National Constitution Day was a resounding success, promoting awareness and understanding of the Constitutional principles that form the bedrock of India as a democracy.

Students Welfare extends Gratitude towards the Management and Senior Functionaries for being the guiding

force. It also acknowledges the dedication and effort of all the Faculty members from different Departments in conducting the activity with utmost sanctity.



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21. Observance of World AIDS Day

“You have so much power to bring awareness, prevention and change.”

-Ashley Judd



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On the occasion of World AIDS Day, observed on **December 01, 2023**, Students Welfare, Youth Red Cross and NSS observed a Pledge taking Ceremony. Class IV employees were also engaged in the activity to educate them about HIV.

During the event, red ribbons were distributed to signify support for individuals living with HIV. The initiative aimed at fostering solidarity and reducing stigma associated with the condition. The red ribbon acted as visible symbols of the Institute's commitment to raising awareness and support for the cause.

Radio Manav Rachna 107.8 also played a pivotal role in amplifying the message by airing a promotional campaign for community awareness. The informative promo featured significant information about HIV prevention, treatment, and the significance of World AIDS Day. The collaboration enhanced the outreach and impact of the awareness campaign,



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reaching a broader audience. The World AIDS Day observance at MRIIRS was a multifaceted effort, encompassing a pledge ceremony, distribution of IEC material, red ribbon distribution and collaboration with Radio Manav Rachna 107.8 for community awareness. These initiatives collectively aimed to contribute to the global fight against HIV/AIDS by promoting education, reducing stigma, and fostering support for those affected by the virus. Awareness Promo by Radio Manav Rachna 107.8:

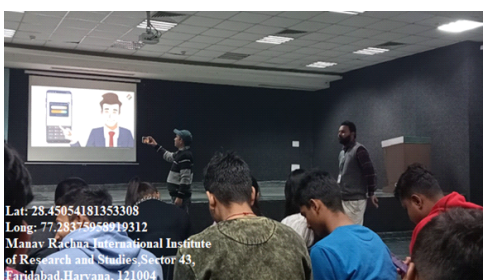
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22. Workshop on Voting Awareness

"Voting is the expression of our commitment to ourselves, one another, this country and this world."
 - Sharon Salzberg

On **December 7, 2023**, a highly informative and engaging session on voting rights was organized at Manav Rachna International Institute of Research and Studies by Students Welfare. The event featured esteemed guests, including Mr. Vijendra Dutt, Election Kanoongo; Dr. Vandana Suri, Lecturer, Govt. Sr Sec School, Lakkadpur and Mr. Suresh Kumar, Tehsildar, Election Office Faridabad.

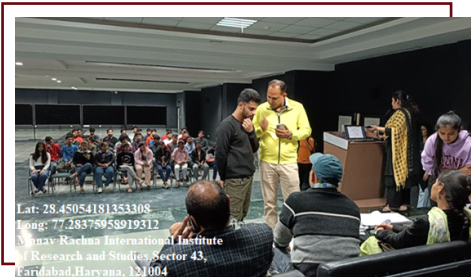
Mr. Vijender Dutt delivered a compelling speech on the historical significance of voting rights and their role in shaping the democratic fabric of society. He



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emphasized the importance of every eligible citizen exercising their right to vote as a means of contributing to the democratic process and ensuring the representation of diverse voices in governance.

A noteworthy aspect of the event was the pledge ceremony, where several faculty members, guests, and 40 students took a solemn vow to uphold their voting responsibilities.



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23. Celebration of International Happiness Day 2024

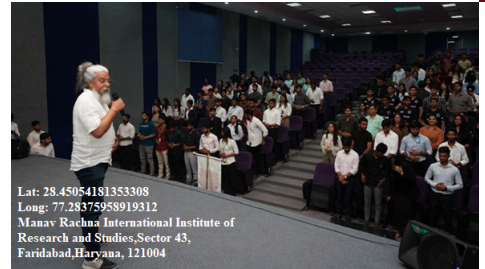
"If you want to be happy, be." -Leo Tolstoy

A joyous celebration of the International Happiness Day was organized by Students Welfare on **March 20, 2024**. The event was attended by students and Faculty members from different Departments. The atmosphere was filled with enthusiasm as everyone gathered to commemorate the occasion and delve into discussions surrounding happiness and well-being.



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A thought-provoking talk was delivered by Dr. Rajesh Kumar, Professor of Practice, School of Allied and Health Sciences, MRIIRS. He conducted wellness activities that engaged the audience and provided valuable insights into the pursuit of happiness. Through the activities, he facilitated meaningful interactions and provided practical tools for enhancing well-being. He also shared invaluable



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perspectives and guiding principles for leading fulfilling lives. During his interaction, with his stories and insightful reflections, he highlighted the importance of happiness for personal growth and societal harmony. His session emphasized on the significance of cultivating gratitude, resilience and compassion in daily lives of the people.

The session provided the participants with the newfound insights and tools for cultivating happiness and served as a beacon of inspiration, guiding them towards a future filled with positivity, resilience and compassion.

24. Christmas and New Year Celebrations

"In the spirit of Christmas, let's share not just presents, but the warmth of our hearts. As we step into the New Year, may our acts of sharing continue to spread happiness far and wide."

A joyful and lively open mic event to celebrate Christmas and New Year 2024 was hosted by Students Welfare on **December 27, 2023**. The venue was adorned with festive decorations and celebratory vibes for the occasion. The cheerful event was graced by the presence of Mr. Myo Nyein Aung and Dr. Yuka from the Department of Global Health Research, Juntendo University from Japan. The event was centred around the theme "Sharing is Caring". With the motive to add a meaningful dimension to the celebrations, special children from Prabhat-An awakening NGO were



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invited and presented with caps and mufflers. A bonfire was ignited by the Guests for the occasion and the team of Students Welfare. The invigorating flames of the bonfire infused energy and liveliness into the gathering.



During the event, the stage became alive with enchanting performances by the participants. An array of talents including Dancing, Singing, Beat Boxing, Poetry and much more were exhibited. A heart touching rendition of Christmas Carol was performed to celebrate the warmth of Christmas and the promise of a New Year filled with hope and joy. A monologue was delivered by Santa Claus exuding the spirit of the festivals. A festive feast was extended to treat the special Children and the Guests with Plum cake, snacks and beverages.

25. Voter's Pledge taking Ceremony

“Every election is determined by the people who show up.” - Larry J. Sabato , Pendulum Swing



A Pledge taking ceremony was conducted in Manav Rachna Educational Institutions on **April 8, 2024** as per the directions received from ADC office and Higher Management of Manav Rachna. The thoughtful event witnessed active participation from students, Faculty members and staff members from different Departments of MRIIRS.

The event initiated with the introduction that emphasized on the importance of voting rights and the need for active engagement during the electoral process. It was also shared how voting plays a crucial role enabling citizens to shape the direction of their



nation and hold their elected officials accountable. During the enlightening event, participants pledged to exercise their voting rights in a judicious and ethical manner. Through the pledge, the participants also vowed to uphold the sacred right of Democracy. The event displayed the commitment and dedication of the students, Faculty members and Staff members in upholding the principles of Democracy and civic Responsibility.

26. Awareness Session on Organ Donation

“The measure of life is not its duration but its donation.” -Peter Marshall

Students Welfare and School of Allied



Health Sciences conducted an awareness session on Organ Donation as a part of Donate Life - Join the Organ Revolution Campaign under the leadership of the Dr. O P Bhalla Foundation on **January 11, 2024**, aiming to enlighten students about the significance of organ donation. More than 200 students witnessed the session. The session was delivered by Dr. Gurjeet Kaur Chawla, Dean Students Welfare. The discourse was initiated by presenting compelling statistics that shed light on the existing gap between the demand and supply of organs in the country. The session delved into an



insightful discussion on past and ongoing campaigns that have played a pivotal role in boosting public awareness regarding organ donation.

During the session, she described the impact of Awareness campaigns regarding Organ Donation on the mindset of the community. The session also emphasized the involvement of community organizations, schools and businesses in advocacy efforts. Inspiring success stories and testimonials from both organ donors

and recipients were shared to underscore the positive impact of their contributions. Furthermore, she dispelled common misconceptions surrounding organ donation. The process to register as Organ donor was explained and recent improvements or innovations in the registration systems were shared. A QR code was also shared with the students and Faculty members to make the process more convenient.



27. Workshop on Creating a Healthy Self with Positive Affirmations

“Affirmations are positive, specific statements that help in overcoming self-sabotaging, negative thoughts. They help visualize, and believe in, what is being affirmed by a person, helping to make positive changes to life and career”. Dr. BK Binny Sareen, Peace Ambassador and Founder, Global Peace Initiative for Peace and Well-Being, Mount Abu shared these thoughts in a workshop organized by the Student Welfare, MRIIRS and MRU conducted on **January 11, 2024**. The theme of the workshop was 'Creating a Healthy Self with Positive Affirmations'. It was attended by Faculty members and Students of MRIIRS and MRU.



The workshop aimed at spreading the idea that everyone is an embodiment of peace and emphasized on the imperative for people take on the role of peace leaders. She conducted a few activities that helped the audience understand the importance of self-affirmation and its impact on a person's perspective. The workshop concluded with a few minutes of guided meditation that helped the audience relax and revive their energy.

28. Pledge Taking Ceremony | Donate Life-Join the Organ Revolution Campaign

"Live life after death - Pledge to donate your body." - Amit Abraham



Students Welfare, MRIIRS organized a Pledge taking Ceremony as part of Donate Life-Join the Organ Revolution Campaign under the leadership of the Dr. O P Bhalla Foundation on the occasion of National Youth Day celebrated on **January 12, 2024**. The ceremony was graced by Dr. N.C. Wadhwa, Director General, MREI, Dr. Sanjay Srivastav, Vice-Chancellor, MRIIRS, Dr. Naresh Grover, PVC and Dr. Pradeep Kumar, PVC, Deans, HODs, Faculty members, and Students from different Departments across MRIIRS and MRU.

During his address, Dr. N.C Wadhwa enlightened the students regarding the significance of Youth Day and shared his valuable insight about Organ Donation, an initiative taken up by Dr. O.P. Bhalla

Foundation announced on the occasion of National Youth Day. He encouraged the students i.e. the Youth to contribute significantly for the noble cause.

It reflected a commendable effort to raise awareness about organ donation and encouraged the community to contribute to this noble cause.



29. Lohri and Pongal Celebration

Students Welfare, MRIIRS organized Lohri and Pongal Celebration, "The Festivals of Harvest with Holy Bonfire " on **January 12, 2024** in the Amphitheatre, in front of B-Block, from 1:30 pm onward.

Dr. N.C. Wadhwa, Director General, MREI, Dr. Sanjay Srivastav, Vice-Chancellor, MRIIRS, Dr. Naresh Grover, PVC and Dr. Pradeep Kumar, PVC, Deans, HODs, Faculty members, and Students from different Departments across MRIIRS and MRU celebrated the joy of the festivals with the students.

The influential presence of Dr. Sanjay Srivastava, Vice Chancellor, MRIIRS, added a dignified touch to the celebration. His blessings and inspirational words resonated with the audience, instilling a sense of pride and belonging among the attendees. Dr. N C Wadhwa, Director General, MREI shared his profound insights and words of wisdom, underscoring the importance of cultural celebrations in fostering a sense of unity and camaraderie within the educational community.



The holy bonfire was lit by the Hon'ble Vice Chancellor and all dignitaries present, and everyone took turns going around it to pray for health and prosperity for all. The sacred Lohri bonfire illuminated the venue, symbolizing the triumph of light over darkness. During the bonfire, folklore was also sung by the members of the Literary Society, Noosha, MRIIRS; adding a spiritual touch to the celebration.

In the heart of Tamil tradition, Pongal, a celebration's rendition. Gratitude sown in the harvest's furrow, Pongal, a festival to truly burrow.



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30. Celebration of National Voter's Day

"Voting is the expression of our commitment to ourselves, one another, this country, and this world." - Sharon Salzberg

An event was organised on the account of National Voters' Day centred around the theme "Navmatdata and Vikas Bharat" by Students Welfare on **January 25, 2024**. The significant day was celebrated to commemorate the Foundation Day of the Election Commission of India. The occasion was graced by Chief Guest-Sh. Krishan Pal Gurjar Member of Parliament, Government of India and Minister of State for Power and Heavy Industries; Dr. N.C. Wadhwa, Director General, MREI; Sh. R.K. Arora, Registrar, MRIIRS, Sh. Rajiv Kapoor, MD, MREI and Deans and Directors from different Schools across the University. The esteemed guest for the day, Sh. Krishan Pal Gurjar was extended a warm welcome by Dr. Amit Bhalla, Vice-President, MREI and was felicitated by Dr. N.C Wadhwa as a mark of respect and honour. The event was attended by more than 350 students and Faculty members.

The motive behind celebrating the occasion was to encourage citizens across the Country to exercise their right



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to vote. The event also encouraged the eligible students to enrol for becoming the new voters. Mr. Pranay Uttam, SDS and Mr. Bhanu Sharma, SLM-PG presented mesmerizing cultural performances that captivated the audience.

During his address, Sh. Krishan Pal Gurjar emphasised on the importance of voting and impact of voting in voicing the opinion of the Nation. He also highlighted the facts and figures pertaining to India's growth in the last decade. Students had the great opportunity to attend the Namu Navmatdata Sammelan program virtually where Sh. Narendra Modi, Hon'ble Prime Minister of India, Sh. J.P. Nadda, National President, BJP and Sh. Tejaswi Surya, National President, Bhartiya Janta Yuva Morcha addressed the new voters.



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31. Celebration of Basant Panchami

“शारदा शारदाम्भोजवदना वदनाम्बुजे।
सर्वदा सर्वदास्माकं सन्निधिं सन्निधिं
क्रियात् ॥”

Basant Panchami marks the joyous transition from winter season to spring season. It is celebrated to honor Goddess Saraswati, embodiment of music, knowledge, art and nature. On the occasion of Basant Panchami, Maa Saraswati is worshipped to seek good health, prosperity and happiness.



Ms. Diksha Bhaskar, Deputy Director, Radio Manav Rachna, extended a warm welcome to the Honorable Vice-Chancellor, Dr. Sanjay Srivastava and other dignitaries to commence the puja ceremony. They offered prayers and flowers to Goddess Saraswati seeking her blessings. The

Music Society, Surtarang enriched the atmosphere with positive energy by reciting the melodious rendition of Saraswati Vandana on **February 14, 2024**. Dr. Supriya Srivastava, Assistant professor, SBSS performed a devotional Saraswati bhajan which captivated all. All the Faculty members and students present during the puja, offered prayers to the Goddess of education, creativity, and music.

Dr. Sanjay Srivastava wished everyone with his blissful words and highlighted the significance of the day. During his address, he announced the commencement of a new Ph.D batch on the pious day of Basant Panchami. In his address, Dr. N.C Wadhwa, Director General, MREI reflected on the diversity and unity of the Nation, in which everyone seeks the blessings of Goddess Saraswati praying for a brighter and prosperous year.

In the spirit of reverence, all present during the puja ceremony offered prayers to Maa Saraswati, seeking her blessings for a year of intellectual growth and spiritual illumination.

Celebration of Basant Panchami



32. International Mother Language Day

Language is the dress of thought." - Samuel Johnson

The symbolic occasion of International Mother language day was celebrated on **February 21, 2024** by Clans , MRIIRS - Air Falcons, Watersharks, Wild Cats and Forest Rhinos in association with Students Welfare under Manav Rachna Life Skills Programme. Various activities were conducted to showcase linguistic variety and appreciate different cultural narratives.



Clan Air Falcons organized a Story Telling Session where Faculty members with fluency in different languages narrated stories. Each storyteller shared folktales, myths, or personal narratives in their respective mother tongues, providing a diverse and enriching experience for the participants. Moreover, a designated space was set-up for the session to foster a sense of unity among the students. Various activities such as language-themed displays, interactive booths, and cultural artifacts were also arranged to engage students and encourage a deeper understanding of different languages and cultures among them.

In the anticipation of celebrating the day in an artistic way, Clan Water sharks conducted an activity that revolved around designing a concept for MRIIRS that signified diverse languages spoken across the Globe. Students from different Departments participated in the event and curated their unique perspectives on the canvas. Through the activity, students expressed their interpretation of the diversity of languages around the Globe.

A Poster Making Competition was organised by Clan Forest Rhinos where students wrote the name of the University in their mother language along with designs and illustrations that reflected the essence of the culture. Participants wrote the name in different Indian languages such as Hindi, Marathi, Punjabi, English, Sanskrit, Malayalam, Telugu, Bengali and many more.

Clan Wild Cats organised an engaging Slogan Writing Competition where students from different Departments participated and wrote impactful slogans in different languages. The diverse array of languages showcased during the event not only celebrated the linguistic diversity but also fostered a spirit of inclusivity and cultural appreciation.

The wide array of activities helped in showcasing the beauty of linguistic diversity at MRIIRS. The occasion was a celebration of culture, language, and the vibrant tapestry of human expression.



commemorate the event with India, China, and South Africa. positive energy.

The 3rd BRICSCESS Conference 2024 featured a captivating session of cultural performances on February 28, 2024 providing a vibrant and diverse showcase of the cultural richness within the BRICS Nations. The performances were organized by different Societies of MRIIRS in collaboration with the Faculty members of SAHS. Dr. Ankita and Dr. Priyanka Sethi coordinated well with the Students Welfare in curating wonderful performances. The event was graced by Dr. Prashant Bhalla, President, MREI; Dr. Amit Bhalla, Vice-President, MREI, Dr. Sanjay Srivastava, Vice Chancellor; Dr. G.L Khanna, Pro-Vice Chancellor; Dr. Naresh Grover, Pro-Vice Chancellor and Ms. Sanya Bhalla, Head, Alumni Relations, Senior members of SAHS, Faculty members and Delegates from Esteemed Institutions. Guests were delighted with a diverse range of traditional music, dance, and artistic displays that showcased the rich cultural heritage of Brazil, Russia,

The dance Society, Mridaksh, performed various Traditional dance forms of India enthralling the gathering. Surtarang, the Music Society, performed musical renditions that got the attendees grooving to some memorable songs. The Fashion Society, Aaira, gave a visual treat with presentations from each BRICS Nation that set the stage for a collaborative and celebratory atmosphere.

During the Four-Day Conference, on February 27, Rahul Yadav, Finalist of India's Got Talent, Season 9 performed with his Acrobatic team, Warrior Squad. The team mesmerized the audience with their electrifying stunts and coordinated routines. A graceful yoga performance was showcased by Ms. Ragini and her team mates Mr. Sachin Sharma and Ms. Manisha. The mindful performance served as a reminder of the importance of holistic wellness and self-care in today's fast-paced world.

33. Cultural Program || 3rd BRICSCESS Conference

"Culture is the widening of the mind and of the spirit." - Jawaharlal Nehru

Manav Rachna International Institute of Research and Studies, School of Allied Health and Sciences hosted the 3rd BRICSCESS Conference to address the concerns of BRICS Nations in respect of the health and wellness of the people in the regions. The conference aimed towards promoting communication, interaction and cooperation among all academies, research institutes, universities, researchers and students in the field of exercise related to exercise and sports science. The inaugural ceremony for the magnum event was conducted on **February 26, 2024** with great pomp and grandeur. During the inauguration ceremony, Music Society "Surtarang" recited a melodious Saraswati Vandana to seek the blessings of Goddess Saraswati and



34. Celebration of International Women's Day

The success of every woman should be the inspiration to another. We should raise each other up. Make sure you're very courageous: be strong, be extremely kind, and above all be humble." -Serena Williams

An empowering celebration of International Women's Day was organized by Manav Rachna International Institute of Research and Studies, School of Leadership Management and Students Welfare in association with Dr. O.P. Bhalla Foundation under the Women Empowerment initiative by ICSSR on **March 07, 2024**. The event was graced by Dr. Rajshri Singh, an esteemed IPS Officer, Ms. Pooja Sharma, National President Awardee, Dr. N.C. Wadhwa, Director General, MREI, Sh. Rajeev Kapoor, Managing Director, MREI and Dr. Sanjay Srivastava, Vice Chancellor, MRIIRS, Dr. Nandini Srivastava, Director, CDP, Dr. Gurjeet Kaur Chawla, Dean Students Welfare, Dr. Deepti Dabbas, Dean, SLM and other senior members. The event aimed at recognizing the achievements and contributions of women who have excelled in their entrepreneurial journey with the help of Self-Help Groups (SHGs). The women of action were awarded to uplift their spirits and inspire others to follow the lead.

During the event, Dr. O.P. Bhalla Foundation invited around 40 beneficiaries of Sneh Ashram, which works towards the upliftment of women from diverse backgrounds. Dr. Rajshri Singh shared her enlightening views on women empowerment and advocated for women rights and awareness regarding the same among the general public. The special invitee during the event was Ms. Pooja Sharma, National President Awardee popularly known as "Lakhpati didi". She shared her invaluable insights on her entrepreneurial journey and the challenges she overcame to become a successful entrepreneur. Her story resonated with the audience, particularly the SHG women, as it served as a powerful example of achieving financial independence.

Following the Bhangra session, was an exhilarating Zumba session. The dynamic dance workout blended various dance styles with aerobic movements, creating an atmosphere of joy and excitement. The session was structured to cater to participants with varying fitness levels, making it accessible and enjoyable for everyone. The fusion of traditional Bhangra steps with modern music added a unique touch to the celebration, fostering a connection between heritage and contemporary expressions of womanhood.



35. Certification Ceremony of Student Council 2022-2023

"Do not follow where the path may lead. Go instead where there is no path and leave a trail." -Ralph Waldo Emerson

Certification Ceremony of Student Council 2022-2023 and the Flag Bearing Ceremony of Student Council 2023-2024 was organized by Students Welfare on 20.03.2024. The event was graced by Dr. N.C. Wadhwa, Director General, MREI; Dr. Sanjay Srivastava, Vice Chancellor, MRIIRS, Ms. Sanya Bhalla, Head, Alumni Relations and International Affairs, MREI, Ms. Akansha Tripathi, Musician, Alumni; Mr. Manjeet Tanwar, Musician, Alumni and Mr. Yashu Meel, Choreographer and Director, Alumni, Dr. Gurjeet Kaur Chawla, Dean Students Welfare, Faculty members and students.



Ms. Sanya Bhalla in her address, emphasized on the significance of student leadership and the role of the Student Council in fostering a vibrant campus community. She recognized the importance of student leadership embodying values of responsibility, empathy and proactive engagement.

Dr. N.C. Wadhwa, delivered an inspiring keynote speech, reflecting on the importance of student governance and its impact on personal and professional development.

In his address, Dr. Sanjay Srivastava provided valuable perspectives towards fostering leadership qualities among students and praised the outgoing members of the student council for their commitment and service.

The efforts of the Student Council members 2022-23 were appreciated before passing of the baton ceremony which symbolized the transition of



responsibilities from the outgoing Council Members to the newly elected representatives. The past president Mr. Ajay Kumar passed on the flag to the newly elected President, Ms. Monika Bhati. This ceremonial act underscored the continuity of leadership and the spirit of collaboration within the student body. The Post holders for the Council and MRIIRS Societies for the Batch 2022-23 were acknowledged and felicitated. This was followed by the Oath taking ceremony of the Council Members for the academic year 2023-24, led by Ms. Monika Bhati, Student Council President, as they took over the responsibilities for the academic year 2023-2024.



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36. Passion Talk 2.0

“There is no passion to be found playing small, in settling for a life that is less than the one you are capable of living.”
 -Nelson Mandela

Students Welfare organized Passion Talk 2.0 on **March 20, 2024** with the objective to inspire and motivate students by showcasing the journeys of distinguished alumni who fervently pursued their passion and excelled in their chosen field. The event was graced by Dr. N.C Wadhwa, Director General, MREI; Dr. Sanjay Srivastava, Vice Chancellor, MRIIRS; Ms. Sanya Bhalla,

Head- Alumni Relations and International Affairs, MREI and Dr. Gurjeet Kaur Chawla, Dean Students Welfare.

The notable alumni of MRIIRS were invited as the distinguished guests for the event : Ms. Akansha Tripathi, MBA Dual Program, 2016-18 is now a musician and live performer; Mr. Yashu Meel, B.Tech in ECE, 2015-19 is currently active as a choreographer, director and member of the Urban Singh Dance Crew; and Mr. Manjeet Tanwar, B.Sc in Nutrition & Dietetics, 2017-20 is a musician and lead vocalist with Dam Saaz. The guests were felicitated by the esteemed dignitaries for their eminent achievements and contributions.

Each of the Esteemed Alumni Guests shared their personal journey, recalling their time at MRIIRS and the opportunities they received to nurture and develop their talents. The talks emphasized on the importance of seizing opportunities and the role of the Institution in fostering the growth of the students.

Passion Talk 2.0 proved to be an enlightening and enriching experience for all the attendees. Through the inspiring stories shared by the alumni and the captivating performances, attendees were encouraged to embark on their own paths with renewed zeal and determination.



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Passion Talk 2.0

37. Technovogue-Technical Fashion Walk | Innoskill 2024

"Fashion is not necessarily about labels. It's not about brands. It's about something else that comes from within you." -Ralph Lauren

"Technovogue"-The Innovative and extravagant Fashion Competition was organized under the Media and Literary Stumper during the Annual Cultural Fest "Innoskill 2024" by Students Welfare on **April 3, 2024**. Students from Manav Rachna Educational Institutions participated in the glamorous event held in two different categories: The event was charmed by the gracious presence of Dr. Sanjay Srivastava, Vice Chancellor, MRIIRS; Dr. Pradeep Kumar, Pro Vice Chancellor, MRIIRS; Dr. Naresh Grover, Pro Vice Chancellor, MRIIRS; Mr. Ved Mani Tiwari, Chief Guest; Mr. Rhythm Dutta, Director, Dearc Entertainment; Mr. Prashant Chaudhary, Trainer of "Aaira"-Fashion Society, MRIIRS, senior members of Manav Rachna, Faculty members and students. The highly anticipated competition was judged by Mr. Abhishek Tiwari, Popular artist and Brand Strategist; Ms. Dhiraj Jain, Founder and Owner of Srishti Creations

and Ms. Nupur Kalra, Luxury Influencer and Entrepreneur. The talented panel of judges brought their enlightening expertise and valuable insights.

The competition kicked off with the burst of energy as different teams showcased diverse designs and concepts related to Technology on the runway. The event provided a platform for the students to showcase their talent and creativity on the ramp as well as enhance their skills at par with other counterpart teams. Mementos and gifts were presented as a token of respect to the Esteemed Judges and Celebrity Guests for sparing their precious time and gracing the event. After a deliberate discussion, Judges announced the results in different categories. Team "Pixels" from MRIS 14 was awarded the trophy in the School Category. Along with the team winners, Individual titles were also announced and awarded for their talent. To award the individual models, Arhan Ashish Tale and Suhani Srivastava were honored with the prestigious title of Junior Mr. and Ms. Technovogue respectively. Delvin Goyal

was honoured with the Special Mention Jury award. In the University category, Team "Sapphire" from School of Engineering and Technology was awarded the first position while team "Impressions" from School of Dental Sciences stood second. The eminent title of Mr. and Ms. Technovogue was presented to Akif, student of School of Dental Sciences and Shriya Godara, student of School of Engineering and Technology respectively. The coveted titles of Best Model (Male) and Best Model (Female) were presented to Umair, student of School of Engineering and Technology and Ms. Simranjeet Kaur, student of Media Studies and Humanities. The distinguished titles of Best Personality (Male) and Best Personality (Female) were awarded to Jai Tiwari, student of School of Allied Health and Sciences and Tanvi Sharma, student of School of Engineering and Technology. Ms. Riddhi Kurseigne, student of School of Engineering and Technology was honoured with the Special Mention Jury award.



38. Haryana Social Internship Program Offline Meet

“The greatest threat to our planet is the belief that someone else will save it.”- Robert Swan, Author

“Idhika”-Eco Society, MRIIRS, SIPAA representatives across the Nation and the members of Student Council.

Dean Students Welfare, delivered an inspiring speech emphasizing the importance of adopting eco-friendly habits in our daily lives and the pivotal role that young people play in shaping a sustainable future.

Students Welfare in collaboration with Paryavaran Sanrakshan Gatividhi (PSG) and Social Internship Program for Alumni Association (SIPAA) organized the 1st Haryana SIP Offline Meetup at MRIIRS as per the Viksit Bharat initiative by the Government of India on **April 5, 2024**. The event was graced by Dr. Gurjeet Kaur Chawla, Dean Students Welfare; Ms. Aishwarya Mahajan, Core Team Member SIPAA; Ms. Shreya Mahajan, SIPAA Member; Ms. Monika Bhati, Haryana Kshetra Representative; Ms. Toshi Kalbandhe, All India Convenor, Pramukh; Mr. Keyur Kumbhani, Pashim Kshetra Representative; Mr. Vikas Singh, Paschim Kshetra Representative; Ms. Diya, Core Team Member, SIPAA and MR. Ajay, Haryana Team Member. The event was witnessed by the members of

The central theme of the event was based on the Sustainable practices related to waste management and the utilization of kitchen waste for bio enzymes and skincare products. The workshop raised awareness about sustainable practices for waste reduction and encouraged attendees to advocate for a more environmentally friendly way of living. During the event, deliberations were done on the future of sustainable practices, especially in the context of achieving Viksit Bharat @ 2047. Emerging trends and ways in which such practices could shape sustainable living and green initiatives were highlighted. Challenges involved in implementing sustainable practices and potential solutions were also mentioned. Dr. Gurjeet Kaur Chawla,

The event promoted self-reliance and entrepreneurship as key factors in achieving the objectives of Viksit Bharat @ 2047. The workshop demonstrated New India's commitment to leveraging green initiatives and self-sufficiency to reach new levels of success. The participation of SIPAA representatives from across the nation, members of "Idhika" - the Eco Society at MRIIRS, and the Student Council highlighted the collective effort towards building a greener and more resilient India.

Students Welfare encourages all to practice sustainable ways of living for a better and a brighter future.



39. Ice Breaking Session || Special Olympics Bharat (SOB)

"Champions aren't made in the gyms. Champions are made from something they have deep inside them - a desire, a dream, a vision." -Muhammad Ali

Final preparatory camp for the Special Olympics Bharat was hosted at Manav Rachna International Institute of Research and Studies from April 10-15, 2024. During the camp, an ice breaking session was conducted by Students Welfare on **April 11, 2024**. The camp was attended by participants from different states including Delhi, Haryana, Gujarat, West Bengal, Maharashtra, Jharkhand, Punjab and Uttar Pradesh. The event was graced by Special Invitee Dr. Ronjan Sodhi, Former Olympian, recipient of Arjuna Award and Rajiv Gandhi Khel Ratna Award; Dr. Shobha Srivastava, Deputy Registrar Admin, MRU; Ms. Ritika Singh, Director, SCHM, MRIIRS; Dr. Gurjeet Kaur Chawla, Dean Student Welfare, MRIIRS and volunteers from Student Council.

Dr. Ronjan Sodhi shared some words of motivation and appreciated the efforts of

all the athletes. His words ignited a fire within the hearts of all present and inspired them to give their best at all times. During the Ice breaking session, fun activities were conducted by Mr. Libin Babu, Manager, Students Welfare to allow the athletes and their trainers to unwind after tiring sessions of training. The floor was then opened for all where students from the Student Council, athletes and trainers showed their moves. The mesmerizing performances by all the participants captivated the audience.

The event served as a platform for the athletes to engage with the vibrant community of MRIIRS. Alongside rigorous football practice, the athletes were treated to a holistic experience encompassing expert sessions on Nutrition, Physiotherapy, Psychology, and Meditation. These enriching sessions extended a multi-dimensional experience to the athletes and coaches, at the cusp of their departure for the Special Olympics to be held at Dhaka in April 2024.

40. Session on Voter Jagrookta

"Democracy is based upon the conviction that there are extraordinary possibilities in ordinary people." -Harry Emerson

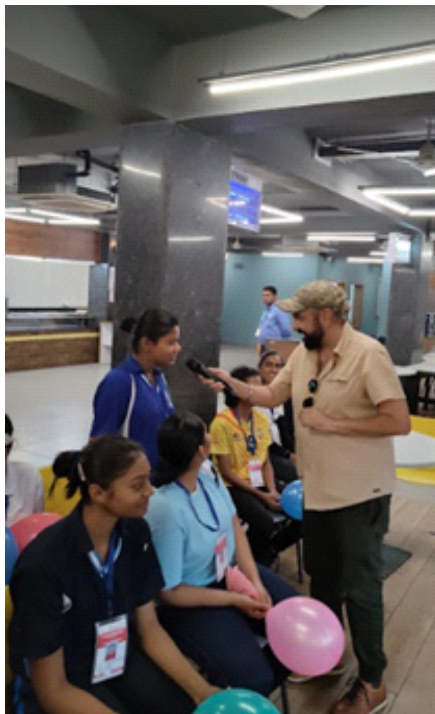
An enlightening session on "Voter Jagrookta" was organised by Students Welfare on **April 30, 2024** under the flagship of Systematic Voters Education and Electoral Participation. The event was graced by Dr. Amit Maan, SDM, Faridabad; Mr. Lokesh Rajput, Brand Ambassador, SVEEP activities; Mr. Ramesh Nair, Registrar, MRIIRS; Dr. Gurjeet Kaur Chawla, Dean Students Welfare and Dr. Gurpeet Singh Matharu, University Nodal Officer, Electoral Literacy Club, Faculty members and students. The event was hosted by Ms. Ananya Dobriyal, student of SET.



The event started with an energetic address by Mr. Lokesh Rajput. Through his address, he aimed at educating and motivating all to actively participate in the voting process. He shared how the youth can influence and have a meaningful impact by voting in an ethical manner. He also emphasised the responsibility of voters to make informed choices by researching candidates and parties to make the right decision. Student Members of Electoral Literacy Club, Ms. Varshni and Mr. Yuvraj shared their views on Voter Awareness and how increased voter awareness contributes towards a more engaged and informed electorate and encouraged the audience to become proactive agents of



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FARIDABAD NCR
लोकतंत्र के महापर्व में युवा निभाए अपनी विशेष भागीदारी: एसडीएम अमित मान
Published 20 hours ago on April 30, 2024
By Dinesh Bhardwaj



change. A Pledge taking ceremony was conducted by Ms. Monika Bhati, President, Student Council. Through the pledge, all promised to exercise their right to vote in an ethical and judicious manner with the motive to uphold the democratic traditions of the Country.



फरीदाबाद स्थित मानव रचना इंटरनेशनल इंस्टीट्यूट में पहली बार मतदान कर गले मतदाताओं को मंगलवार को शपथ दिलाई गई। • विन्दुस्तान

चुनाव में मतदान करने की शपथ दिलाई

फरीदाबाद। मतदाता जागरूकता अभियान गतिविधियों के तहत मंगलवार को एसडीएम बड़खल अमित मान और स्वीप एक्टिविटी के ब्रांड अम्बेसेडर लोकेश राजपूत ने मानव रचना इंटरनेशनल इंस्टीट्यूट ऑफ रिसर्च एंड स्टडीज, में मतदाताओं को मतदान करने की शपथ दिलाई। एसडीएम ने कहा कि लोक सभा चुनाव भारतीय लोकतंत्र का एक महत्वपूर्ण उत्सव है। इस चुनाव में लाख भारतीय नागरिक अपने प्रतिनिधि को चुनने के लिए मतदान करते हैं।

administering CPR effectively.

Dr. M.P. Singh shared illuminating insights into the extensive activities undertaken by the Red Cross in Haryana and Nationwide, emphasizing the organization's commitment to community welfare and healthcare.

In addition to CPR training, the event also dedicated a segment to raising awareness about civic responsibilities. Adding to the commitment to contribute towards a budding and healthy society, all attendees, including distinguished guests, took an oath to 'Say No to Drugs,' reaffirming their commitment to promoting a healthy and drug-free society.

Furthermore, the event commemorated the theme for this year's World Red Cross Day, 'Keeping Humanity Alive.' This theme underscores the enduring commitment of organizations like the Red Cross to uphold humanitarian values and support vulnerable communities worldwide. Additionally, attendees participated in a poster-making competition centered on the theme 'Everything we do #comesfromtheheart,' showcasing their creativity and ideas regarding commitment to humanitarian ideals. First and Second-position winners were awarded with certificates of appreciation.

41. Seminar on Cardiopulmonary Resuscitation (CPR)

"The end of all knowledge should be service to others." – Cesar Chavez

Students Welfare in association with the School of Allied and Health Sciences organized a Cardiopulmonary Resuscitation (CPR) Training in Collaboration with Haryana State Red Cross on the occasion of World Red Cross Day commemorated every year on May 08. The event was held on **May 07, 2024** and aimed at imparting life-saving knowledge and empowering individuals with the skills to respond effectively during health emergencies. The training highlighted the importance of CPR, its effectiveness, guidelines, precautions and essential arrangements needed for an effective CPR. The event witnessed the participation of esteemed Guests and Speakers who shared invaluable insights and expertise in the field: Sh.

Purshottam Saini, Red Cross District Training Officer, Faridabad; Dr. M.P. Singh, Red Cross Facilitator; Sh. Darshan Bhatia and Smt. Geeta Upreti, Lay Lecturers First-Aid; Sh. Arvind Sharma, Sh. Pawan Sharma, and Sh. Mandeep; Dr. Gurjeet Kaur Chawla, Dean, Students Welfare, Faculty and Students of the School of Allied Health Sciences.

The event started with the address of Smt. Geeta Upreti who provided an insightful introduction to the fundamental concepts of CPR. Sh. Purshottam Saini, Red Cross District Training Officer, boosted the session by talking about his experience as a trainer. He shared how the training sessions helped people by giving them important skills that could save lives. It was followed by a detailed presentation by Sh. Darshan Bhatia, elucidating the methodologies and best practices of



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Manav Rachna International Institute of Research & Studies empowered Students with CPR Training in Collaboration with Red Cross

TTT Correspondent
info@manavrachna.com

FARIDABAD - Manav Rachna International Institute of Research and Studies (MRIIS) took a significant step towards enhancing its student welfare by organizing a CPR (Cardiopulmonary Resuscitation) training seminar in collaboration with the District Red Cross Society, held in commemoration of World Red Cross Day on May 08. The seminar aimed to equip the students with vital skills to effectively respond to emergencies and provide timely care. The event, attended by approximately 500 students and faculty members, was inaugurated with a warm welcome address by the District Red Cross Society's (Dean, Student Welfare), underscoring the importance of basic medical knowledge for all individuals. Dr. M.P. Singh, Secretary of the District Red Cross Society, and Mr. Purshottam Saini, District Training Officer, were also present, along with esteemed Master Trainer and other dignitaries. The training session commenced with Master Trainer Geeta Upreti, providing students with essential insights into CPR techniques, emphasizing the critical role of CPR, the structured flow, timely intervention could significantly impact survival rates during emergencies. Following this, Master Trainer Darshan Bhatia conducted hands-on CPR training, guiding students on proper administration techniques. Encouraging students to engage in humanitarian endeavors, District Trainer Purshottam Saini further highlighted the significance of CPR and advocated for blood donation, highlighting its dual benefits for both society and individual health. In his closing remarks, Dr. M.P. Singh reiterated the transformative potential of CPR in offering a lifeline to those in critical need. Encouraging students to engage in humanitarian endeavors, Singh emphasized their profound impact on both altruism and personal well-being. The event concluded with the felicitation of Master Trainer Geeta Upreti, District Trainer Purshottam Saini, and other dignitaries. The seminar was a testament to the commitment of Manav Rachna International Institute of Research & Studies to empower its students with essential life-saving skills and foster a culture of humanitarian values.

42. Celebration of International Yoga Day 2024: Yoga for Self and Society

"Yoga means addition – addition of energy, strength and beauty to body, mind and soul." - Amit Ray

Manav Rachna International Institute of Research and Studies, Students Welfare celebrated the International Yoga Day 2024 on **June 21, 2024** in association with Haryana Yog Aayog. The theme for the event was "Yoga for Self and Society." The event witnessed participation from distinguished Guests, Faculty/Staff Members, Students and Yoga enthusiasts. The harmonious event was graced by esteemed guests : Dr. Sanjay Srivastava, Vice Chancellor, MRIIRS; Mr. Ramesh Nair, Registrar, MRIIRS, Dr. Rajesh Kumar, Professor of Practice, Centre for YOGA, MRIIRS; Sh. Shyam Kumar, Yoga Ratana Awardee 2023 and Yoga Acharya of Haryana Yog Aayog; Sh. D.C. Chaudhary, Former District Education Officer, Government of Haryana; Dr. Gurjeet Kaur Chawla, Dean, Students Welfare, MRIIRS and senior members of MRIIRS.

Dr. Sanjay Srivastava, Vice Chancellor, Manav Rachna International Institute of Research and Studies in his welcome

address paid gratitude towards the esteemed guests and distinguished dignitaries for their kind presence at the event to celebrate the significant day. He emphasized on the importance of yoga in promoting individual well-being and societal peace. He also highlighted the transformative power of yoga in cultivating harmony, balance, and inner peace. He also urged everyone to embrace yoga as a way of life and unlock its immense benefits.

A Surya Namaskar Practice Session was conducted by Dr. Rajesh Kumar, Professor of Practice, Centre for YOGA, MRIIRS. He focused on chanting sacred syllables like Gayatri Mantra, Maha Mrityunjay mantra and Durga Mantra along with conscious breathing for imbibing the state of enlightenment. During his session, senior functionaries along with participants performed yoga and chanted mantras.

The celebration was followed by an inspiring Group Yoga Performance by female practitioners from the Haryana Yog Aayog, showcasing advanced asanas that highlighted their discipline and

dedication. A spectacular performance was also presented by world-renowned yoga record holders, Ms. Manisha and Ms. Omisha.

Renowned yoga instructor Sh. Shyam Kumar conducted an engaging yoga session suitable for both beginners and advanced practitioners. His expert guidance on proper posture and breathing techniques invigorated the audience, fostering a deeper connection to their inner selves. The session emphasized the integration of body, mind and breath, aiming to improve flexibility, strength and overall well-being.

Sh. D.C Chaudhary, Former District Project Officer Education conducted a session on Hasta Mudra Yog. He shared his valuable expertise and insights into the practice of Hasta Mudra Yog involving use of hand gestures to channelize positive energy. His insights into this ancient practice captivated the audience, providing them with practical skills applicable to their daily lives.



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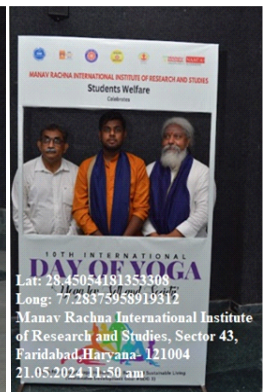
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Celebration of International Yoga Day 2024

IV. Student Participation in Cultural Activities during 2023-24

S. No	Name of the Event	Date (dd.mm.yyyy)
1	Participation in Akhil Bhartiya Shiksha Samagam 2023, MoE, Govt. of India	30.07.2023
2	Live Screening of Aditya-L1 Mission	02.09.2023
3	South Asia Unified Football Selection Trial Camp at MRIIRS	23.09.2023
4	Live Streaming session of the G20 University Connect Finale programme	26.09.2023
5	Participation in "Ek Tareekh, Ek Ghanta, Ek Saath" Campaign	01.10.2023
6	University Level Competition - NEYP 2024	06.10.2023
7	Participation in State Level Youth Red Cross Training Camp at Haridwar	26.10.2023
8	Second Round of Road Safety Quiz Competition	27.10.2023
9	Participation in India Mobile Congress 2023	27.10.2023
10	Third Round Of Road Safety Quiz Competition	17.11.2023
11	MRites Shine at ZEST 2K23 -Annual Cultural Fest, Lingaya's Vidyapeeth	25.11.2023-26.11.2023
12	MRIRites shine at District Level (Level 4) of Inter University Road Safety Quiz Competition	02.12.2023
13	Live Screening of 'Viksit Bharat @2047: Voice of Youth	11.12.2023
14	Regional Finalists for National Level Competition of National Environment Youth Parliament 2024	02.01.2024
15	Participation in National Level Competition of National Environment Youth Parliament.	10.02.2024-11.02.2024
16	MRIRites shine at "Envisage 2K24"-Cultural Annual Fest of MVN University	22.02.2024
17	Participation in the First Edition of Faridabad Half Marathon	03.03.2024
18	Participation in Paralympics World Cup 2024	06.03.2024-15.03.2024

1. Akhil Bhartiya Shiksha Samagam 2023, Moe, Govt. Of India

Celebrating remarkable innovations and achievements of the National Education Policy 2020

The Akhil Bhartiya Shiksha Samagam 2023 took place at IECC, Pragati Maidan, on **July 29-30, 2023**. The event commemorated the celebrations of the National Education Policy 2020, organized by the Ministry of Education, Government of India. Honorable Prime Minister of India, Shri Narendra Modi Ji, Graced the prestigious occasion. The Honorable Prime Minister of India addressed the gathering, which was also streamed live on MRIIRS campus for the resident students. Among the attendees were top-performing IIT's, NIT's and Universities from different States of the Country. Faculty members and Students of



Manav Rachna International Institute of Research and Studies, who were selected by the Ministry of Education and AICTE, under the program of AKAM - EBSB for the Yuva Samagam 2023, were able to attend the event. The "Ek Bharat Shreshtha Bharat Program" under the Azadi Ka Amrit Mahotsav scheme was mooted by the Honorable Prime Minister, Shri Narendra Modi Ji with a visionary mindset of achieving

unity and integrity. The programme aims at promoting mutual understanding and interaction between participants of paired States and Union Territories. The Manav Rachna International Institute of Research and Studies has emerged to be the first institution in India which has succeeded as both the "Sender" as well as "Receiver" Institution with the paired state Telangana.



2. Live Screening of Aditya-L1 Mission

Dedication is the bridge between goals and accomplishment." - Jim Rohn

Manav Rachna International Institute of Research and Studies, Students Welfare organized the Live Screening of Aditya-L1 Mission on **September 02, 2023** from 11:00 am onwards in I Block Auditorium. The mission is a significant step forward in India's Space Program.



The event served as a remarkable Educational Opportunity, allowing students to witness real-time Space Exploration and gain insights into the intricate field of Space Science. It also promoted a sense of Pride and Unity among the students, as they collectively celebrated India's achievements in Space Exploration. The screening was aimed at not only enriching the knowledge of the students but also igniting passion for Science and Technology and contributing to their holistic development as informed and inspired individuals.

3. South Asia Unified Football Selection Trial Camp

Football is like life, it requires perseverance, self-denial, hard work, sacrifice, dedication and respect for authority.

Manav Rachna International Institute of



Research and Studies hosted the Trial Camp for the South Asia Unified Football Selection from **September 23, 2023 to September 26, 2023**. This was the first of three camps to be held around India for the International Tournament to be held in Bangladesh in 2024. Players from different parts of the Country like Delhi, Haryana, Gujarat, West Bengal, Jharkhand, Punjab and Uttar Pradesh attended the camp. The players were greeted by Student Council Members, Students Welfare and members of the Dr. O.P Bhalla Foundation. After registration, Sh. Sarkar Talwar, Dronacharya Awardee and Director Sports, MRIIRS, delivered a motivational talk to encourage the players to seize the opportunities available to them.

Different Departments were joyously involved in contributing to different facets of the camp. The Department of



Physiotherapy provided support throughout all training sessions to ensure that assistance was readily available in case of injuries.

4. Live Streaming session of the G20 University Connect Finale programme

"India is not just a land of diverse cultures, it is a nation of immense potential for development." - Sh. Narendra Modi

Students Welfare organized a Live Streaming session of the G20 University Connect Finale programme conducted at Bharat



Mandapam in New Delhi, on **September 26, 2023**. The G-20 University Connect initiative witnessed extensive participation from Higher Education Institutions.

The G20 University Connect initiative was undertaken with the aim to build an understanding of India's G20 Presidency among India's youth and enhance their participation in different G20 events. The programme engaged over 1 lakh students from Universities across India. The event was attended by about 3,000 students, Faculty members, and Vice Chancellors of the participating Universities while students from Manav Rachna and other Universities around the country joined in through live streaming.

In his speech, Mr. S Jaishankar, the External Affairs Minister, Government of India, emphasized the uniqueness of India's presidency of the G20 Summit. He discussed how the central theme of the summit was Jan Bhagidari and highlighted that the event, with more than 220 activities taking place in over 60 cities across all states and Union Territories of India, was truly a nationwide celebration. Additionally, he provided insights into the significant achievements and outcomes of the grand event.



5. Participation in "Ek Tareekh, Ek Ghanta, Ek Saath" Campaign

"Sanitation is more important than independence. So long as you do not take the broom and the bucket in your hands, you cannot make your towns and cities clean." - Mahatma Gandhi

In adherence to the Swachhata Pakhwada-Swachhata Hi Sewa (SHS) 2023, a Cleanliness drive was conducted at MRIIRS Campus on **October 1, 2023**, from 10 am to 11 am. Students and Faculty members from different Departments gathered in the campus premises to participate in the "Ek Tareekh, Ek Ghanta, Ek Saath" campaign. The campaign is a part of the Nationwide cleanliness drive launched by the Hon'ble Prime Minister Sh. Narendra Modi to commemorate the auspicious occasion of Gandhi Jayanti. All the students and Faculty members were delighted to collaborate and carry out the cleanliness drive in various areas of the campus, including the hostel rooms, as part of the "1 Hour of citizen-led "Shramdaan for Swachhata". During the activity, grass, weeds, plastic waste were diligently removed from the Campus premises.

The campaign invigorated the students' passion for volunteering and their dedication to actively participating in community activities. The event illustrated that remarkable achievements are possible when individuals, communities, Educational Institutions, and Government Agencies come together with a shared vision and work towards a common mission, such as the 'Swachh Bharat' Mission.



6. University Level Competition - NEYP 2024

"We are the first generation to feel the impact of climate change and the last generation that can do something about it." - Barack Obama

To achieve the same, the University Level National Environment Youth Parliament, organized by Students Welfare and the Eco Society "Idhika", was conducted. The event commenced with a warm welcome to all attendees, providing an overview of the objectives of National Environment Youth Parliament. The audience was introduced to the panel of judges, setting the stage for an engaging and enlightening experience.



The National Environment Youth Parliament 2024- "Nurturing Environment leaders" is a collaborative effort by Paryavaran Sanrakshan Gatividhi (PSG) and Students for Development (SFD), involving Universities Nationwide. Its primary goal is to raise awareness among young people about the pressing Environmental challenges that pose a significant threat to human safety and well-being.

Participants from various Departments



of the University were grouped for the preliminary round, which involved discussion on the topic "Alternate Sources of Energy and India's Energy Landscape." The discussion yielded valuable insights, with students presenting diverse viewpoints and ideas. The event presented a platform to students with a variety of perspectives to come forward and make informed contributions by utilizing extraordinary Communication skills and Critical Thinking. Results were shared with the Head of Departments.

7. Participation in State Level Youth Red Cross Training Camp at Haridwar

“Only a life lived for others is a life worthwhile.” -Albert Einstein



The Five day State Level Youth Red Cross Training Camp for Boys was organized at Shri Nangali Bela Ashram, Haridwar, Uttarakhand from **October 26, 2023** to 31.10.2023. The objective of the camp was to motivate and prepare the Youth Red Cross volunteers for Service, Discipline and to become dedicated and responsible citizens in society. More than 250 YRC Volunteers and Counsellors from different Universities and aided Colleges from different districts of Haryana participated in the camp. MRIIRS was represented by five boys in

the Camp along with the YRC Counsellor Mr. Libin Babu, Manager, Students

Welfare. The camp was presided over by Camp Director, Sh. Rohit Sharma. The camp was graced by esteemed Dignitaries and resource persons which included, Sh. Vivek Ahuja (Retd.) Haryana State Drug Controller, Dr. Naresh Bhargav, Registrar, Ayush Vishwavidyalaya, Kurukshetra, Dr. Pankaj Garg, Sh. Raja Singh, Sh. Rajat Sharma and Sh. Surender Sheoran.

The camp commenced with an inauguration ceremony led by the Chief Guest, Dr. Sushma Gupta, Vice-Chairperson, Haryana State Red Cross. Over the course of five days, each morning began with a series of activities, including the raising of the Red Cross Flag, prayer session, yoga, and morning assembly featuring the recitation of the YRC pledge and

the sharing of a daily inspirational thought.

Throughout the day, participants engaged in comprehensive training programs covering a range of topics, such as the History of YRC and its Fundamental Principles, Introduction to First Aid, Voluntary Blood Donation, Road Safety, Volunteerism in YRC activities, Sick Bedroom Management, Drug Campaigns, CPR, and other life-saving techniques. Notably, students from MRIIRS were honored with a consolation prize for their active engagement and participation in the sessions and cultural competitions.



8. MRIIRites shine at second round of Road Safety Quiz Competition



Students Welfare is delighted to share that students from MRIIRS participated in the Road Safety Quiz conducted by Faridabad Transport Police and teams from School of Design, School of Dental Science and School of Computer Application have qualified for the third round. The road safety quiz is a government initiative developed for the purpose of creating awareness regarding

regulations.

The first round of the quiz competition was conducted on 13th October 2023 in MRIIRS campus, where 3780 students participated. The winning team was declared in each department, comprising the top three ranked participants from the Level 3 quiz. A total

of 11 teams qualified to advance to round 2. Twenty-Seven students and a Faculty Coordinator from MRIIRS participated in the second round of the quiz competition on **October 27, 2023**, at Ryan The International School in Sector 21B, Faridabad. The competition embraced diversity by including students from various age groups and backgrounds, enriching the event with inclusivity and informative insights. The quiz lasted for one hour, from 10:00 am to 11:00 am, and each team was composed of three members, encouraging teamwork and collaboration. The quiz questions covered a wide range of topics, from fundamental road safety rules to more intricate scenarios, encompassing areas such as traffic rules and regulations, pedestrian safety, bicycle safety, safe driving practices, and emergency response and first aid. The participant's performance was impressive and 3 teams qualified for the next round.

9. Participation in India Mobile Congress 2023

“The great growling engine of change-Technology” -Alvin Toffler

Students from Manav Rachna International Institute of Research and Studies attended the India Mobile Congress 2023, one of the most anticipated technology and telecommunications events in the country. It was inaugurated by Prime Minister Narendra Modi at Pragati Maidan on **October 27, 2023**. The inauguration ceremony witnessed a remarkable gathering of industry leaders, policymakers, and technology enthusiasts, making it a momentous occasion for the Indian telecommunications sector.

Prime Minister Narendra Modi delivered

the keynote address, setting the tone for this year's India Mobile Congress. In his speech, he emphasized the pivotal role of the telecommunications sector in achieving the digital aspirations of India. He underscored the importance of a robust and future-ready digital infrastructure, a key driver of India's socio-economic growth.

During the event, Hon'ble Prime Minister announced the launch of "Digital India 2.0," a comprehensive vision aimed at further accelerating India's digital transformation. The ambitious initiative aims on expanding internet connectivity to even the remotest areas, fostering innovation and entrepreneurship, and enhancing the digital skills of the Indian workforce. He acknowledged the transformative potential of 5G technology and the need for creating an ecosystem that encourages 5G on various crucial issues like Global infrastructure development and fosters innovation in areas like healthcare,



agriculture, and education.

He unveiled "Ghar Ghar Net," which aims to provide affordable and high-speed internet access to every household in India. The Initiative is expected to bridge the digital divide and empower the underserved population with digital tools and services. He also stressed upon the importance of data privacy and security and announced plans for the development of a comprehensive data protection framework to ensure the safety and security of personal information. He expressed his thoughts that encourages 5G on various crucial issues like Global Collaboration, Green and Sustainable Technology and the critical role of startups in technological innovation



10. MRIIRites shine at third round of Road Safety Quiz Competition

“Safety First, Speed Second.”

Students Welfare is proud to share that the student team representing School of Design, MRIIRS stood 2nd in the Third Round of Road Safety Quiz Competition held on **November 17, 2023** at DAV Police Public School, Sector 30, Faridabad. The competition was conducted by Faridabad Transport Police as a part of Government Initiative to instigate awareness about road accidents, traffic laws, emergency services, recent reforms, and overall safety throughout the Nation.

The third round of the Road Safety Quiz emerged as a resounding success, marked by enthusiastic student involvement and a palpable eagerness to champion road safety. The event not only kindled a sense of responsibility among participants as pedestrians, cyclists, or drivers but also inspired them to be advocates for road safety within their communities.

Student team comprising Prachi Chawla,

Shivansh and Ritika, 3rd Semester, Bachelor of Design qualified for the subsequent round of the Competition. Students Welfare would like to acknowledge Faridabad Transport Police for the great initiative. Students

Welfare extends thanks towards Management and Senior Functionaries for their encouragement. It also Congratulates the students and wishes them best of luck for subsequent rounds.



11. MRites Shine at ZEST 2K23 -Annual Cultural Fest, Lingaya's Vidyapeeth

"Music, once admitted to the soul, becomes a sort of spirit, and never dies."
— Edward Bulwer Lytton

"Surtarang", the dynamic music society of MRIIRS, triumphed at 'ZEST 2K23'-Cultural Fest of Lingaya's Vidyapeeth leaving an indelible mark with their exceptional performances across various categories. The musical journey of Surtarang unfolded in a crescendo of talent, encompassing Group Song, Battle of the Bands, Duet Singing, and Solo Singing.

In the Solo Singing Category, Bhanu Pal performed piece de resistance, which not

only mesmerized the audience but also earned him the coveted first prize. His vocal prowess and emotive delivery showcased a deep connection with the art, earning accolades and affirming Surtarang's commitment to musical excellence.

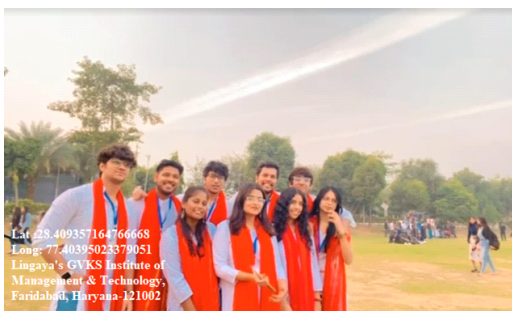
In the Duet Singing Category, the duo of Prateeksha Patari and Rohit Halder captivated the audience and judges alike, securing the well-deserved second prize. Their seamless harmony and synchronized performance underscored the collective musical brilliance within Surtarang.

The group song and battle of the band performances further demonstrated Surtarang's versatility, with their ability to seamlessly blend different musical elements. The amalgamation of



diverse talents within the group contributed to a sonic tapestry that resonated with the festival's spirit.

The victories are not merely accolades but a testament to the dedication, hard work, and passion of each Surtarang member. The music society's commitment to pushing boundaries and exploring the depths of musical expression was evident throughout their participation in Lingaya's Fest.



12. MRIIRites shine at District Level (Level 4) of Inter University Road Safety Quiz Competition

"Victory at the district level is not merely a triumph in competition; it signifies our dedication, perseverance, and the embodiment of excellence."



As part of an initiative to promote awareness about road safety in the general public, the Faridabad Police organized a Inter University Road Safety Quiz Competition about road accidents, traffic laws, emergency services, recent reforms, and overall safety across Schools, Colleges, and Universities. A significant participation of over 5 lakh students from more than 1500 Educational Institutions in Faridabad was observed. This initiative not only raised awareness but also empowered the youth to become advocates for safe

road practices, contributing to a safer and more responsible community at large.

The competition unfolded through a meticulously designed structure comprising four Levels. Levels 1 to 3 were strategically held within the confines of respective campuses and various other venues, the locations of which were thoughtfully determined by the Faridabad Police. This approach not only facilitated widespread participation but also ensured accessibility and convenience for the Educational Institutions involved.

Students Welfare is proud to share that MRIIRS team comprising Ms. Prachi Chawla, Mr. Shivansh and Ms. Ritika, 3rd Semester, Bachelor of Design competed in Level 4 against five teams from various colleges and universities. The District-Level Finale at Homerton Grammar School on **December 2, 2023** served as both a platform to showcase the intellectual prowess of the participants and as a means to underscore the critical importance of road safety in the

community. Team achieved the top position in the District-Level Road Safety Quiz, showcasing outstanding performance and was awarded with the prizes such as University Trophy, Smart Watch, Individual Trophy, Tablets, and Certificates. Sh. Rakesh Kumar Arya, IPS, DCP Faridabad, acknowledged their success and presented them with an accolade, granting them the chance to participate in the State Level Competition.

The remarkable dedication and commitment demonstrated by the victorious team throughout the four rounds were acknowledged by the Higher Authorities of MRIIRS and they were recognized and honored for their achievements.



13. Live Screening of 'Viksit Bharat @2047: Voice of Youth

“The essence of the independent mind lies not in what it thinks, but in how it thinks.” -Christopher Hitchens



On December 11, 2023, the Students Welfare conducted a live screening of 'Viksit Bharat @2047: Voice of Youth' with the objective to recognize the significance of students as vital contributors to the Nation's future. Hon'ble Prime Minister, Shri Narendra Modi launched the initiative with the motive to provide the youth a platform to express their perspectives on the

development of India by 2047. As part of the program, Prime Minister Modi engaged with Vice Chancellors of Universities, Heads of Institutions, and Faculty members during workshops held at Raj Bhawans across the country. He lauded the contributions of all the organizers for bringing together stakeholders who hold the responsibility of guiding the Youth of the Nation in accomplishing the goal of Viksit Bharat 2047. He also underlined the need to channel the energy of the

Students and the Youth of every University towards achieving the common goal of 'Viksit Bharat'. The vision encompasses various aspects of development, including Economic Growth, Social Progress, Environmental Sustainability, and Good Governance.



14. Regional Finalists for National Level Competition of National Environment Youth Parliament

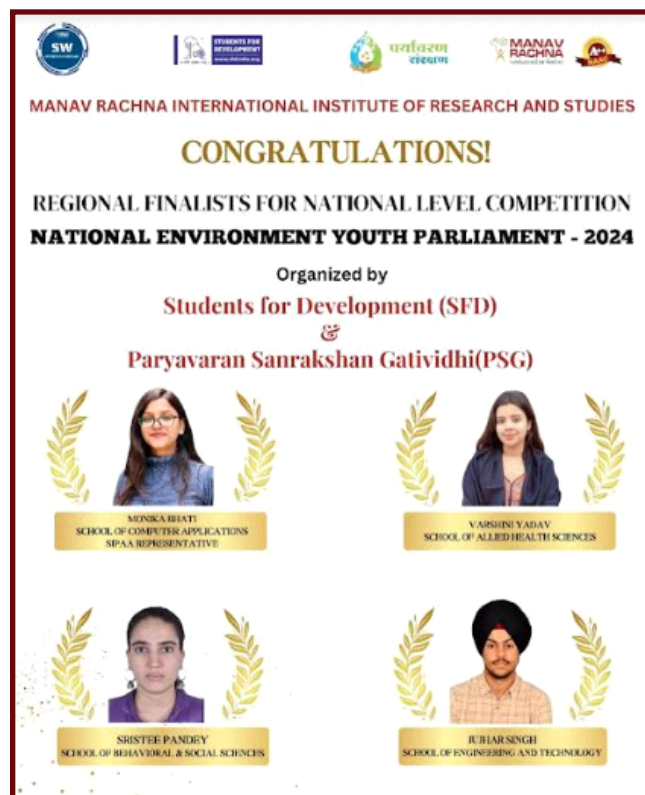
The National Environment Youth Parliament 2024 is structured into three distinct levels: University Level, Regional Level and National Level organized by Students for Development (SFD) and Paryavaran Sanrakshan Gatividhi (PSG). The University Level served as the initial level where students from more than 250+ Universities/Colleges across India participated in the Competition. The widespread involvement by the students showcased the broad and diverse representation of Educational Institutions from various regions of the Country in the Competition.

finding practical solutions to reduce waste and promote sustainable consumption.

The Regional Level of the National Environment Youth Parliament 2024 for the Haryana and Jammu & Kashmir Region took place on **January 2, 2024** hosted by the Kurukshetra University, the Regional Host University. Participants from various Educational Institutions across Haryana and J&K Region, after being selected at University Level Competition participated to express their views and opinions on the given topic. The competition provided a platform for young minds to channel their creativity and ingenuity towards

10 winners from Manav Rachna International Institute of Research and Studies (MRIIRS) selected at the University Level Competition participated in the Regional Level. Mr. Jujhar Singh, School of Engineering and Technology, Ms. Srishtee Pandey, School of Behavioral & Social Sciences, Ms. Varshini Yadav, School of Allied Health Sciences and Social Internship Program for Alumni Association representative and Ms. Monika Bhati, School of Computer Applications emerged victorious at the Regional Level Competition and have qualified for the upcoming National

Level Competition of National Level Competition of NEYP 2024 which will be conducted in Nagpur in the month of February hosted by Students for Development (SFD) and Paryavaran Sanrakshan Gatividhi (PSG).



15. National Environment Youth Parliament 2024

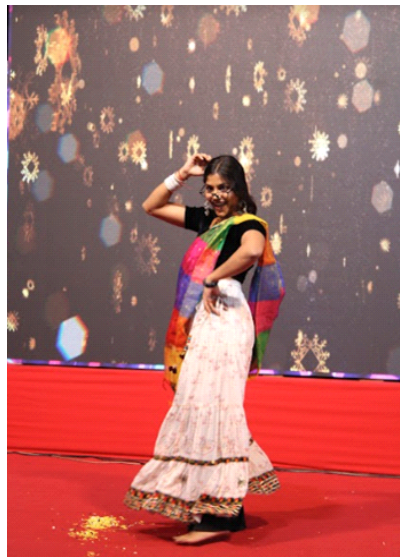
“The Earth is what we all have in common.” -Wendell Berry

National Level Competition of National Environment Youth Parliament 2024 organised by Students for Development (SFD) and Paryavaran Sanrakshan Gatavidhi (PSG) was held at Nagpur Vidhan Sabha from **February 10-11, 2024** where Manav Rachna International Institute of Research and Studies was the National Partnering University with Nagpur University as National Host University. The theme for NEYP 2024 was “Paryavaran Chetna - Nurturing Green Youth Leadership for a Sustainable Future”. More than 150 students from different Universities across the Nation participated in the finale of the event. From MRIIRS, Mr.

Jujhar Singh, School of Engineering and Technology; Ms. Shristee Pandey, School of Behavioral Sciences & Social Sciences; Ms. Varshini Yadav, School of Allied Health Sciences and Ms. Monika Bhati, School of Computer Applications participated in the National Level Competition.

One month prior to the competition, they conducted online sessions for Parliamentary debate, Soft Skills, Pressboard and trained students for the National Level Competition. Dr. Upmanyu Basu and Ms. Anima Puri accompanied the team of students from MRIIRS as well as also conducted Mock Parliament and streamlined the final Parliamentary Debate at Nagpur Vidhan Sabha.

During the event, students were provided different portfolios and were tasked to express their views on the basis of the assigned role. Impactful debate and discussion were held during the sessions on “Climate change and Indian cooperative Federalism: Nurturing a Greener Future” and “India’s vision on Global collaboration on tackling Climate Change: Strengthening Adaptation Strategies and Climate Justice”. Sh. Vasudev Devnani, Speaker, Rajasthan Legislative Assembly graced the occasion and shared his valuable views during the Parliamentary Sessions of NEYP 2024. An oath taking ceremony was conducted by Dr. Gurjeet Kaur Chawla dedicated towards the cause of Environmental Conservation.



16. MRIIRites shine at “Envisage 2K24”-Cultural Annual Fest of MVN University

“Things work out best for those who make the best of how things work out.”
– John Wooden

“Paigam” The Dramatics Society and “Aaira”- Fashion Society of Manav Rachna International Institute of Research and Studies showcased exemplary performance at “Envisage 2K24”- Cultural Annual Fest of MVN University and were awarded the first prize at in the Nukkad Natak Competition and Second prize in Fashion Walk respectively on 22.02.24.

A team of 11 members from the Drama society participated in the Competition. The performance was named “Nanhi Chiraiya” which revolved around the theme of Women Empowerment. The competition was judged by a panel of expert judges who delivered their invaluable feedback after the captivating and enlightening performance. Through the compelling performance, the theatre society shed light on the challenges faced by women in various spheres of life and emphasized the importance of gender equality and empowerment in society. The competition provided a platform for the society to not only showcase their creative abilities but also to advocate for a cause they deeply believe in. Their performance resonated with the audience and the panel of expert judges, who were moved by the sincerity and impact of the portrayal.

The team of 14 members of Fashion Society captivated the judges and participants with their stunning fashion walk. The spectacular walk was based on the theme “Ethnic Royalty”. The performance was an extraordinary display of creativity and style. The walk was a celebration of diversity, culture, and individuality, showcasing the timeless allure of ethnic-inspired fashion in a contemporary context.



*Cultural Annual
Fest of
MVN University*

17. Participation in the First Edition of Faridabad Half Marathon

“Physical fitness is not only one of the most important keys to a healthy body, it is the basic of dynamic and creative intellectual activity.” – John F. Kennedy

The first edition of Faridabad Half Marathon organised by Faridabad Administration was held on **March 03, 2024**. The marathon started from Surajkund Mela Ground and was flagged off by the Honorable Chief Minister of Haryana, Sh. Manohar Lal Khattar. While Manav Rachna proudly stood as the Gold sponsor for the event, students from MRIIRS participated in the event enthusiastically by volunteering during pre-event promotions and various other activities. They also participated actively

in managing various stalls ranging from Information desk to Kit distribution.

During the event, a group of 20 students under the mentorship of Mr. Sumit Hela, the dance Instructor, presented a Zumba performance, motivating the sprinters for the Marathon, as they reached the University while they entered the second leg of the Marathon Route. The electrifying Zumba performance invigorated the runners and fueled their energy levels.



18. Participation in Paralympics World Cup 2024

"Champions aren't made in the gyms. Champions are made from something they have deep inside them -- a desire, a dream, a vision." -Muhammad Ali

Volunteers from Students Welfare, Manav Rachna International Institute of Research and studies participated in the

Paralympics World Cup 2024 held at the Dr. Karni Singh Shooting Range with a commitment towards providing seamless symphony of support and service towards the significant event.

The World Shooting Championship 2024 held from **March 6, 2024 to March 15, 2024** was a remarkable event

showcasing top-tier marksmanship from around the globe. Athletes from various countries competed in a range of disciplines, demonstrating exceptional precision and skill. The championship provided a platform for athletes to push their limits and compete for prestigious titles across multiple categories.



V. Activities organized under Life Skills during 2023-24

S. No.	Title of Event	Proposed Dates of Events	Coordinator
1	One Month Awareness Programs on Water Conservation and Management- SAVE NEER	28.07.2023-27.08.2023	Clan Members
2	Two Week Workshop on Air Pollution and it's prevention Neela Aasma"	07.09.2023-21.09.2023	Clan Members
3	One Week Program on Essence of Water-Jalsa 3.0	13.11.2023-19.11.2023	Clan Members
4	Three Week Program-"April Kool-3.0"	01.4.2024-20.04.2024	Clan Members
5	One Month Program on Yoga-"Yoga Adhyaay-3.0"	16.05.2024-16.06.2024	Clan Members
6	'Visit to Sri Gopal Gaushala'	20.03.2024	Clan Members
7	Two Days Acrylic Painting Workshop on Birds and Spirituality	01.05.2024-02.05.2024	Clan Members
8	One Week Program on Road Safety	19.02.2024-25.02.2024	Clan Members
9	3 Days Social Internship Program in association with Paryavaran Sanraksham Gatividhi	08.04.2024-10.04.2024	Clan Members
10	Three months Green India Campaign	06.03.2024	Clan Members
11	Annual Environment Awareness Program-MR Rahgiri	01.07.2023-30.06.2024	Clan Members
12	Ek Ped Desh Ke Naam	20.07.2023-30.01.2024	Clan Members
13	One Week Workshop on Water in Life 1.0	24.07.2023-31.07.2024	Clan Members
14	Training Program on Tree Plantation and Ecosystem Restoration	14.08.2023-19.08.2023	Clan Members
15	Workshop on Water in life 2.0	11.09.2023-30.09.2023	Clan Members
16	Two Week Sensitization Program on Clean Air for Blue Skies	07.09.2023-21.09.2023	Clan Members
17	One Week Awareness Program on Endangered Species on World Rhino Day	18.09.2023-22.09.2023	Clan Members
18	Workshop on Recycling of Paper	26.09.2023-28.09.2023	Clan Members
19	Training Program on Ethics on Exploring Wildlife	02.10.2023-09.10.2023	Clan Members
20	Workshop on Movie Making on Sustainable future	09.10.2023-14.10.2023	Clan Members
21	Symposium on Air Toxicity on Bhopal Gas Tragedy Day	01.11.2023	Clan Members
22	Three Day Workshop on Waste Management	15.11.2023-17.11.2023	Clan Members
23	Training Program on Dance	01.08.2023-30.11.2023	Clan Members
24	Training Program on Music	01.08.2023-30.11.2023	Clan Members
25	Training Program on Theatre	01.08.2023-30.11.2023	Clan Members
26	Training Program on Fashion	01.08.2023-30.11.2023	Clan Members
27	Celebration of World Environment Day	05.06.2024	Clan Members

1. One Month Awareness Program on Water Conservation and Management- SAVE NEER

Clan Water Sharks in association with Department of Students Welfare, Dr. O. P. Bhalla Foundation and Media partner Radio Manav Rachna 107.8 FM organized One Month Awareness Program on Water Conservation and Management-Save NEER from 28.07.23 to 27.08.2023 to enhance Life Skills among students.

The organization of various workshops and audits aim to provide students with abundant opportunities for exposure and a platform to unleash their creativity.

• WATER FOOTPRINTS

A water audit was conducted on 28.07.2023 by Dr Lilesh Gautam where students were given forms to evaluate their water usage per day and suggest measures to control water wastages. It was quite a successful event due to the enthusiasm shown by the participants and all the efforts poured in by everyone involved.

• PLANT A WATER-WISE GARDEN PATCH

The seminar on "Plant a Water-Wise Garden Patch" was conducted by Dr Anjali Gupta on 04.08.2023 at CG-29, The objective was to enhance awareness and offer practical guidance on developing and sustaining a garden that combines visual appeal with environmental responsibility. Point covered were local climate, soil conditions, and the specific water needs of each plant during its establishment period. Incorporating mulch around plants that helps in

retaining soil moisture and reduces water evaporation was also discussed. The seminar underscored the significance of water conservation in gardening and provided attendees with valuable advice and methods for cultivating water-efficient garden spaces.

The event turned out to be engaging, with participants expressing keen interest and enthusiasm as they shared their substantial knowledge on the topic.

• WORKSHOP ON WATER CONSERVATION AT HOUSEHOLD LEVEL

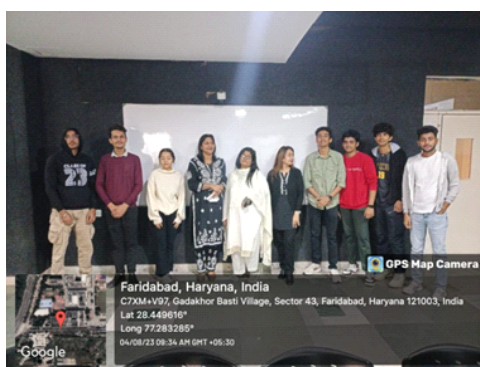
Dr Shagufta Jabbin conducted workshop on "Household Water Conservation " to enlighten students about vital aspects of water sustainability. The workshop started with a thorough examination of global water challenges, establishing a context that underscored the importance of individual contributions. Participants actively participated in discussions, pinpointing water-wasteful habits at home and exploring practical suggestions to diminish water usage in their daily routines.

apply in their households. The workshop concluded with a strong emphasis on community involvement, motivating participants to promote water-saving practices within their localities.

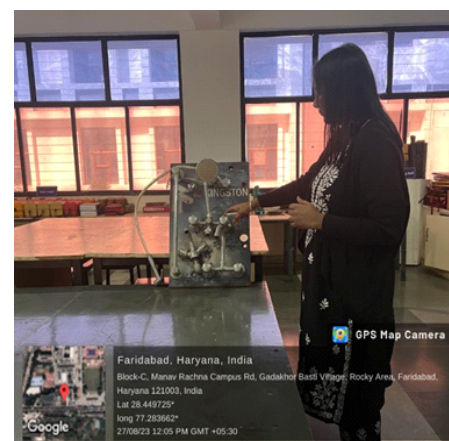
The workshop's interactive format, complemented by hands-on demonstrations, created a dynamic learning environment. Participants departed not only armed with tangible tools for water conservation but also inspired to instigate positive change within their communities. The success of the event lies in its ability to translate awareness into actionable measures, fostering a commitment to sustainable water practices at the individual household level.

• PLUMBING WORKSHOP TO SAVE WATER

The Plumbing Workshop for Water Conservation, led by Dr. Anjali Gupta was a concise yet impactful session aimed at providing participants with practical knowledge to reduce water wastage through effective plumbing practices. The workshop brought attention to water-saving fixtures, techniques for leak detection and repair, underlining the crucial role plumbing plays in sustainable water management. Participants acquired insights into the latest technologies that promote water conservation, instilling a dedication to environmentally friendly plumbing practices. The workshop's succinct yet thorough approach made it an effective platform for advocating water efficiency in both households and communities.



A key focus of the workshop was on rainwater harvesting, providing participants with hands-on knowledge of its implementation for non-potable purposes. The session also highlighted efficient watering techniques and leak detection methods, furnishing attendees with practical strategies to



2. Two-week Workshop on Air Pollution and Its Prevention Neela Aasma

The two-week workshop on "Air Pollution and Its Prevention - Neela Aasman" by Clan Air Falcons was conducted from 7th September 2022 to 21st September with the primary objective of educating participants about the causes, effects, and mitigation strategies related to air pollution.

The "Neela Aasman" workshop aimed to

raise awareness about air pollution, its harmful impacts on human health and the environment, and the measures individuals and communities can take to reduce air pollution and ensure a cleaner, bluer sky. Various sessions on environmental science and quality air management, field visits, interactive workshops, group projects and awareness campaigns were conducted.

The two-week workshop on "Air Pollution and Its Prevention - Neela Aasman" has been instrumental in raising awareness and inspiring positive changes in our approach to air quality. With sustained efforts and collaboration, we can work towards a cleaner and healthier environment with bluer skies for all.

3. One Week Program on Essence of Water: Jalsa 3.0

Clan Water Sharks in association with Department of Students Welfare, Dr. O. P. Bhalla Foundation and Media partner Radio Manav Rachna 107.8 FM organized a striking series of live events from 15.11.23 to 21.11.23 to enhance Life Skills among students.

The organization of various competitions aims to provide students with abundant opportunities for exposure and a platform to unleash their creativity. The event featured a series of engaging activities designed to educate participants about the importance of preserving water resources and promoting responsible water usage.

• INTRODUCTION AND ICEBREAKER ACTIVITIES

On 15.11.2023, the event kicked off with a warm welcome and introduction, setting the tone for the week-long program. Participants were introduced to the objectives of the event and the significance of water conservation. To break the ice and foster interaction, a lively "Just a Minute" activity was organized, allowing participants to

speak on various water-related topics for one minute each.

• ENGAGING PARTICIPANTS WITH RIDDLES

The second day (16.11.2023) of the event focused on engaging participants with water-themed riddles. Participants enjoyed solving a series of brain-teasing riddles related to water conservation and sustainability

This activity encouraged teamwork and critical thinking skills. In the afternoon session, the riddle-solving continued, providing participants with more opportunities to challenge themselves and test their knowledge of water-related issues.

• SHARING PERSONAL EXPERIENCES

The event featured a session titled "Paani ki Baat-Share your story," where participants had the opportunity to share their personal experiences and insights related to water. Each participant shared anecdotes, challenges

faced, and actions taken towards water conservation in their daily lives. This session fostered a sense of community and solidarity among participants, inspiring them to continue their efforts towards water conservation.

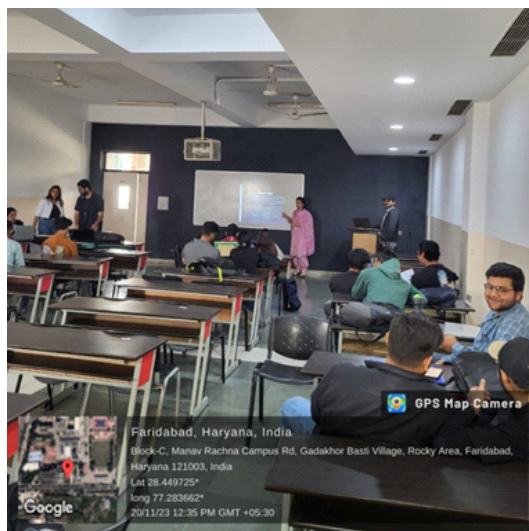
The event was an enjoyable and educational experience, offering a perfect blend of fun and knowledge.

• EXPRESSING CREATIVITY THROUGH POETRY

This was a poetry writing event where participants were invited to express their creativity through poetry writing on water.

This activity encouraged participants to reflect on the beauty of water, its importance in nature, and the need for conservation."

Participants wrote heartfelt poems, exploring various themes and emotions associated with water. The poetry writing session provided a platform for self-expression and artistic exploration



*One Week
Program on
Essence of
Water: Jalsa
2.0 15.11.23
to
21.11.23*

4. April Kool 4.0

As per the Strategic Perspective Plan for the year 2023-24 under Manav Rachna Life Skill Program, an event “April Kool 4.0” was held from 09.04.24 to 15.04.24, keeping in view the importance of trees and how the youth can contribute to safeguarding the environment by spreading awareness, planting trees, and motivating others to do the same. As planned earlier, the participants contributed to the cause by planting trees on the college campus, nearby surroundings and tending to potted plants at their homes. The students also submitted a video demonstrating their enthusiastic involvement in the plantation drive.



The participants commenced by introducing themselves and providing a concise overview of the sapling they were planting, including its characteristics and properties. The winners were determined based on the quality of presentation regarding the description of the sapling, evaluating how effectively participants conveyed the characteristics and significance of the planted trees.

As students shared their experiences, they emphasized the significance of plants and trees in our surroundings, highlighting their crucial role in maintaining ecological balance within

nature. The enthusiastic participation of students not only ensured the success of the event but also inspired others to join in and contribute to this noble cause. Registered participants successfully completed the activity as per guidance.



5. One Month Program on Yoga-“Yoga Adhyaay-3.0”

Report of Yoga Adhyaay 3.0 organized by Clan Air Falcon at B Block Seminar hall at 9 am on 16-05-2023

To felicitate the International Day of Yoga on 21st June, 2023, the Clan Air Falcon organized a Yoga Adhyaay for the students at B Block Seminar hall at 9 am on 16-05-2023. The session was conducted by the famous yoga expert Ms. Dharna.

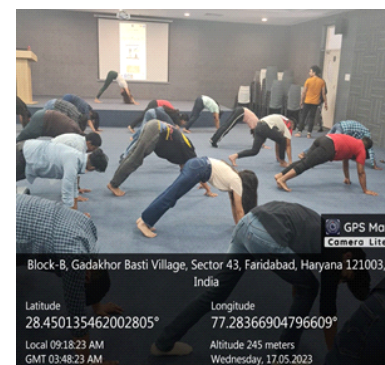
Ms. Dharna taught several forms of Aasna, stress relief, and breathing techniques to the students. He said that yoga is an ancient and spiritual practice that provides utmost serenity and peace to the practitioners of yoga. It allows the learners to feel healthy and rejuvenated; they can attain spirituality while they practice yoga.

She quoted the Indian Yog guru K. Pattabhi Jois who invented the flowing style in Yoga. He said, “Yoga is an internal practice; the rest is just a circus.”

It was a successful event, focused on promoting physical and mental well-being through the practice of yoga. The session was led by a certified yoga instructor, and it offered participants an opportunity to engage in a series of yoga postures, breathing exercises,

and meditation techniques to promote relaxation and overall health.

More than 38 students participated in the event. After they attended the session, they realized its significance. They found that they should learn it in order to become tranquil, healthy, mature and responsible citizens. It was a delightful session for the students



6. 'Visit to Sri Gopal Gaushala' held on 20 March, 2024

A visit to 'Shree Gopal Goshala' was organized by Wildcats Clan, Students Welfare under Manav Rachna Life Skills Program on March 20, 2024. The visit



On the designated day, 09 students with two faculty members Dr Tripti Tyagi, Clan Chief and Dr Sachin Sharma, Vice Clan Chief of the Clan -Wildcats visited the 'Shree Gopal Goshala', Faridabad at 11.00 am.

The students observed and learnt about the daily lives of cows being reared in the Goshala. They observed how the firsthand care

and attention was being given to the cows, including the medical treatment and tender nourishment. Students also gained an insight about the sustainable practices employed for maintenance and cleanliness at the Goshala. Few students also cuddled the calves, and fed them with the provender and fodder. The objective of the visit was an interaction with the caretakers and experts at the Goshala, who shared their valuable knowledge about animal welfare, their traditional methods of providing care, and their efforts of preserving indigenous breeds.

7. Two Days Acrylic Painting Workshop on 'Birds and Spirituality' held from 1 May, 2024 to 2 May, 2024

Clan Wildcats, Students Welfare, Manav Rachna International Institute of Research and Studies under Manav Rachna Life Skills Program organised Two Days Acrylic Painting Workshop from 1 May, 2024 till 2 May, 2024 in association with the Udaan Organization that aims to inculcate art, literature, and culture to youth. The objectives of the workshop were to educate students in their academic skill through providing practical observation on nature, wildlife, and spirituality and to teach them about the pictorial quality, composition, perspective, proportion and proper execution of images. Ten students from MRIIRS participated in the workshop.

The artist Ms. Sumalata Mattaparti and Ms. Tanu Jain from Udaan Organization

were invited to guide students at MRIIRS. Ms. Sumalata Mattaparti has conducted 'plain air events' and 'live painting events' at Lalit Kala Academy, New Delhi. She has over ten years' experience in making oils paintings and acrylics on Canvas related to Indian Contemporary Art, Realism, Madhubani, and Murals. Ms. Tanu Jain has done her studies in art from PLC State University of Performing and Visual arts. She teaches visual art in Wisdom Public School. She has a long expertise in miniature painting, murals, and phulkari.

On the first day of the workshop, the students learnt how to make acrylic fabric paintings on canvas by the experts on the topic 'Birds and Spirituality'. They learnt to make efficient paint work from

these artists when they understood distinguished colours, their effects, and refined shapes in art work.

On 2 May, 2024, the closing ceremony was held. Dr Susheel Kumar, Professor in Sanskrit Subject at Indian Heritage, Ministry of Culture graced his presence at the workshop as an esteemed guest to complement the paintings made by our students. The paintings of the participants were exhibited at 'Peace Corridor', B Block, MRIIRS. All the 10 participants got incredibly motivated and felt thankful for the knowledge they gained from the guests. The workshop ended with the guest giving a programme on our Radio Manav Rachna -107.8 which was telecast on Saturday, 4 PM.



*Acrylic
Painting
Workshop*

8. One Week Program on Road Safety

Clan Water Sharks in association with Department of Students Welfare organized Road Safety Week from 19.02.24 to 25.02.24 to enhance Life Skills among students.

The primary objective of this week-long program was to impart life skills and promote awareness about road safety among students. 25 students participated in the event. The program commenced on 19th February 2024 with an informative session focused on educating students about traffic rules, road signs, and safe driving practices. This session was facilitated by experts from the local traffic department, with Dr. Sunita Joshi leading the session. Students actively participated in learning about crucial aspects of road safety, gaining insights into responsible driving behaviors and the importance of adherence to traffic regulations.

On 21st February 2024, a poster competition was organized as part of the Road Safety Week activities. This competition aimed to encourage students to creatively express their understanding of road safety through art. Participants showcased their talent by designing posters that highlighted key messages related to road safety, such as the use of helmets, pedestrian safety, and the dangers of speeding and drunk driving.



*Road Safety Session
by
Dr Sunita Joshi*

9. Three Months Green India Campaign

“Three Months Green India Campaign” resulting in the planting of over 1 million trees in urban and rural areas, implemented to promote cleanliness and reduce landfill usage. Composting has been a remarkable initiative aimed at Educational institutions, including schools and colleges, played a pivotal role in promoting environmental sustainability and fostering community involvement by engaging students in tree-planting activities across the nation. Over this period, the campaign successfully organized extensive tree plantation drives, workshops further educated communities on managing organic waste efficiently.



The campaign also focused on raising awareness and educating the public through workshops, seminars, and extensive media outreach. These efforts helped disseminate crucial information about environmental conservation and sustainable practices, reaching millions across different demographics. Waste management initiatives, such as community clean-up drives and the



10. Annual Environment Awareness Program - Mr Rahgiri

Throughout the academic year 2023-24, Clan Water Sharks under Manav Rachna Life Skill Program, Manav Rachna International Institute of Research and Studies (MRIIRS) organized a series of impactful events aimed for encouraging environmental awareness and promoting sustainability among students and faculty. Firstly, the Seminar on Climate Change, held on July 14, 2023, at CG-29, addressed critical issues surrounding climate change. Led by Dr. Taniya Shah, the seminar aimed to educate participants on the scientific basis of climate change and its far-reaching impacts. On August 18, 2023, the Clean-up Drive organized by Mr. Gulshan Chhabra mobilized students and staff to enhance the cleanliness and aesthetic appeal of the university campus. This initiative not only beautified the campus grounds but also instilled a sense of pride and ownership among participants towards maintaining a cleaner environment. On

October 26, 2023, Dr. Taniya Shah coordinated a Singing Competition themed around "Water Conservation" at the university campus. The competition provided a creative platform for students to express their advocacy for water conservation through music. The event successfully engaged the audience in environmental discourse and inspired action towards sustainable water management practices. Ms Ishu, CSE won First Prize.

Looking ahead, the Tree Plantation Drive led by Mr. Aditya Tripathi on January 16, 2024, aimed to augment the university's green cover and promote biodiversity. Participants planted numerous trees on the university grounds, contributing to environmental sustainability efforts. This initiative not only beautified the campus but also educated participants about the ecological benefits of trees, encouraging long-term stewardship of the newly planted greenery.

Lastly, the Poster Making Competition organized by Ms. Sasmita on April 18, 2024, showcased artistic expressions on the theme "Save Water-Save Life." Participants creatively depicted water conservation practices and environmental stewardship through visually compelling posters. The competition not only fostered creativity but also raised awareness about practical steps individuals can take to conserve water and protect the environment. Ms Kajal, Civil Engg bagged 1st prize.

These initiatives exemplify MRIIRS's commitment to fostering a culture of environmental responsibility and sustainability within its academic community. By engaging students and faculty in diverse activities, the institution continues to nurture a generation of environmentally conscious leaders poised to address global environmental challenges effectively.



Annual Environment Awareness Program - MR Rahgiri
Event Photographs

11. Ek Ped Desh Ke Naam

“Ek Ped Desh ke Naam” was organized from 20.07.23 to 30.01.24 under Manav Rachna Life Skill Program, keeping in view the decreasing number of butterflies in which an awareness session was conducted by one of the representatives of Asola Bhatti Wildlife Sanctuary, Conservation Education Centre, Bombay Natural History Society (CEC, BNHS) recently. The event included a presentation by Dr. Ishtiyak Ahamad (Education officer), Dragonfly Movie Screening and Field Visit for the count.

Before the event being conducted the students were given few sensitizing sessions by the faculty members and coordinators to plan accordingly to make it more effective. These brainstorming sessions amongst the students and



faculty members had been the pivot to plan the activities in the best possible way with the resources available. Students further participated in the count and got awareness on the life cycle of butterflies and the ecological role played by this winged beauty. The students promised to plant flowering plants to attract butterflies.

“Ek Ped Desh Ke Naam” is a vital environmental initiative in India, aimed at promoting tree planting and afforestation to mitigate the adverse effects of deforestation, pollution, and climate change. Launched with the objectives of increasing forest cover, improving air quality, conserving biodiversity, and engaging communities in environmental conservation, this campaign has made significant strides across the nation. The initiative involves educational awareness programs, distribution of saplings, large-scale plantation drives, and ongoing maintenance and monitoring efforts. High-profile launch events, school programs, public participation through social media, and corporate

partnerships have played crucial roles in mobilizing widespread support.

Students of various departments and clans went to the rural side of

Haryana near Palwal and planted young trees in a vast barren land. The trees were planted by first digging up holes with the help of some local farmers. Almost every student planted a tree, and the total was around 60 trees. The Village locals and elders had also come to observe what the students were doing and upon seeing them the villagers also decided to help. Overall, it was a great experience as it helped spread awareness about the environment among all sorts of people. This mission Green India Campaign of plantation and conservation will help in building a green and pollution free society.



12. One Week Workshop on Water and Life 1.0

Water is one of the most precious resources on our planet, essential for sustaining life and supporting various human activities. However, the increasing global population, climate change, and indiscriminate water consumption have placed immense pressure on our water resources, leading to water scarcity and environmental degradation. In light of these challenges, it becomes crucial for us to take collective action and adopt



sustainable practices to conserve water, ensure access to clean water, and maintain proper sanitation.

With this goal in mind, the Clan Water Sharks Under Manav Rachna Life Skill Program organized a comprehensive One week workshop on Water and Life 1.0 from 24.07.23-28.07.23. The workshop aimed to enlighten participants about the significance of water conservation, promote awareness about clean water and sanitation practices, and introduce the concept of a Water Audit for better water management.

Dr. Shagufta Jabin led the first segment of the session, focusing on water conservation. She emphasized the need for conserving water due to its scarcity and the ever-increasing demand. Dr. Anjali Gupta conducted the next segment of the session, introducing the concept of a Water

Audit and its significance in managing water resources efficiently. The session included understanding water audit which involves assessing water usage patterns, identifying inefficiencies, and implementing measures to optimize water consumption, Importance of Water Audit, process of data collection, analysis, and suggestions for improvement.



13. Tree Plantation and Ecosystem Restoration' from 14-08-23 to 19-08-23

Wildcats Clan, Students Welfare, part of the Manav Rachna Life Skills Program, organised a tree plantation event from 14-08-2023 to 19-08-2023. The event aimed to raise awareness among students about environmental conservation, specifically focusing on combating air pollution and addressing global warming through tree planting. The initiative began with students planting saplings in local neighborhoods, gradually expanding to include a diverse range of native species using specialized planting techniques. Participants also engaged in educational activities, learning about the vital role of trees in urban ecosystems and sustainable tree care practices. The program culminated in a public awareness event, strengthening community bonds and inspiring ongoing environmental stewardship. The initiative's impact on local biodiversity, environmental consciousness, and sustainable development was profound, with students committing to plant at least one tree each month moving forward.



14. Workshop on Water in Life 2.0

Water, one of Earth's most invaluable resources, is under increasing stress due to population growth, climate change, and unregulated consumption, leading to water scarcity and environmental harm. In response, the Clan Water Sharks under the Manav Rachna Life Skill Program organized a "Water in Life 2.0" workshop from September 11th to 30th, 2023, building on the success of a previous workshop held in July. The program aimed to inspire sustainable water

practices and raise awareness within the academic community. The workshop featured sessions on water conservation and a poster-making competition led by Mr. Gulshan Chhabra, who highlighted the urgency of preserving water and the importance of sustainability and responsible water management. The workshop successfully engaged students inspired students to adopt water-saving habits. A quiz on water conservation, workshop organized by Ms. Sasmita and Aditya Tripathi, encouraged participants to become advocates for responsible water usage. The program also included a visit to Govt Senior Secondary School in

Panhera, where students promoted water conservation among young minds, and a poster-making competition led by Dr. Taniya Shah, which emphasized the importance of sustainability and responsible water management. The workshop successfully engaged students in promoting water sustainability and environmental stewardship, setting the stage for future initiatives aligned with the Sustainable Development Goals (SDGs).



15. Two-Week Sensitization Program on Clean Air for Blue Skies

The two-week sensitization program on Clean Air for Blue Skies was conducted by Clan Air Falcons from 7th September to 21st September with the primary objective of raising awareness and promoting actions to improve air quality in our community. The program included various activities such as workshops, educational campaigns, and community engagement efforts.

The "Clean Air for Blue Skies" program aimed to educate the students and faculty members about the importance of clean air, the adverse effects of air pollution on health and the environment,

and the role individuals and communities can play in mitigating air pollution.

A series of workshops and seminars were conducted in local schools, community centers, and online platforms. These sessions covered topics such as the sources of air pollution, health impacts, and practical steps to reduce emissions. The Clan Air Falcons launched a comprehensive media campaign that included social media posts, radio broadcasts, and posters distributed in public spaces. The campaign highlighted the significance of

clean air and shared tips on reducing personal carbon footprints.

Many participants reported adopting sustainable practices, such as using public transportation, reducing energy consumption, and minimizing waste generation, as a result of the program.

The two-week sensitization program on Clean Air for Blue Skies has been successful in increasing awareness and fostering positive changes in our academic community. By continuing to educate, engage, and advocate, we can work towards a cleaner and healthier environment for all residents.

16. One Week Awareness Program on Endangered Species on World Rhino Day

Manav Rachna International Institute of Research and Studies under Manav Rachna Life Skills Program organized an Awareness Program on Endangered Species to celebrate 'WORLD RHINO DAY' from 18 September 2023 to 22 September 2023 at FT-03 at 11.00 am onwards. The event was coordinated by the Wildcats team, Students Welfare. They participated in the event with great assiduity and sincerity.

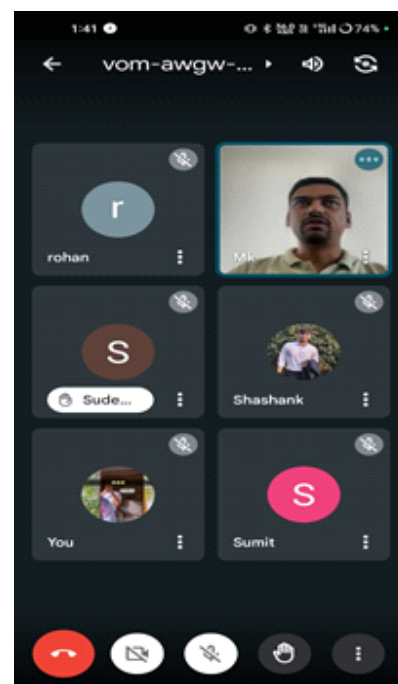
The first three days were an Outreach Program when the participants tried to find the wildlife near themselves and captured the moments in different ways.

The fourth day consisted of a painting competition in which participants showed their art and talent courageously through their perspective on wildlife.

On the fifth day, A guest was invited to deliver a lecture. The resource person was Mr Manikant Tyagi, Sr Architect, Intec Infra Technologies Pvt. Ltd. He gave a lecture on 'Role of Sustainable Architecture in Preserving Wildlife and Promoting Biodiversity'.

The guest was impressed by the enigmatic spirit of the participants who gave excellent solutions to preserving extinct wildlife. Mr Manikant discussed the significance of wildlife, its equivalent role in preserving nature, and contributing to serve human needs also. He shared words of encouragement, highlighting the significance of preserving wildlife and behaving responsibly while interacting with nature. All 15 participants were deeply inspired and expressed gratitude for the

valuable insights gained from the guest.



17. Workshop on Recycling of Paper

Manav Rachna Life Skill Program organized an event "Workshop on Recycling of Paper" on 26.09.23, keeping in view the importance of recycling and how the youth can contribute to safeguarding the environment by spreading awareness, recycling paper, and motivating others to do the same. As

planned earlier, the participants contributed to the cause by creating carry bags made from waste materials such as cloth pieces and old newspapers. The key objectives were reiterated, focusing on raising awareness about the benefits of recycling paper,

understanding the recycling process, and encouraging actionable steps towards more sustainable practices. Participants were given a detailed rundown of the workshop's structure, including the theoretical sessions, hands-on activities, and discussions.

The importance of active participation and engagement was stressed. The session provided an in-depth explanation of different types of paper (e.g., office paper, newspaper, cardboard) and their specific recycling processes.

The chemical and physical properties of

paper were discussed, highlighting how these properties affect recyclability. Factors determining the recyclability of various paper types were outlined, such as the presence of coatings, ink, and adhesives. Several successful community recycling initiatives were presented, showcasing innovative and effective recycling programs. These case studies served as motivational examples, demonstrating the tangible benefits of community involvement in recycling efforts.

The practical session focused on teaching

participants how to properly sort different types of paper for recycling.



Techniques for identifying recyclable paper and separating it from non-recyclable materials were demonstrated. Participants learned about the initial steps required to prepare paper for recycling, such as removing contaminants (e.g., staples, plastic windows from envelopes) and ensuring paper is clean and dry. Participants engaged in hands-on activities, practicing the sorting and preparation techniques discussed. This interactive approach helped solidify

their understanding through practical application



18. Training Program on Ethics on Exploring Wildlife

Manav Rachna International Institute of Research and Studies under Manav Rachna Life Skills Program organized a 'Movie Review Writing Competition' for students on the topic 'Awareness Program on Ethics for Exploring Wildlife' to view conservation as an essential process from 9th October, 2023 till 12 October, 2023, held at MRIIRS. The event was coordinated by the Wildcats team, Students Welfare. The students wrote their movie reviews based on ethical exploration of wildlife and submitted them to the respective student volunteers. 9 students participated in the event with great enthusiasm and dedication.

The judge of the competition was Dr. Sunil Kamal, Assistant Professor at the Department of English, MRIIRS. The judge was impressed by the conscientious efforts of the participants who wrote thought-provoking movie reviews focusing on wildlife ethics, conservation, and the importance of responsible exploration. Dr. Kamal shared words of encouragement, highlighting the significance of preserving wildlife and behaving responsibly while interacting with nature. He emphasized the need to avoid excessive reliance on technology and encouraged the use of traditional crafts to ensure the preservation of our

wildlife. All 09 participants were deeply inspired and expressed gratitude for the valuable insights gained from the judge. The competition concluded with the judge announcing the names of the winners, acknowledging their exceptional contributions to raising awareness about ethical exploration of wildlife.

WINNERS:

- First-, Lakshita Gulliya, BJMC, 3rd Semester, SMeH, MRIIRS
- Second-, Tammana Gupta, BA. (H) English, 3rd Semester, SMeH, MRIIRS

19. Workshop on Movie Making on Sustainable Future

Manav Rachna International Institute of Research and Studies under Manav Rachna Life Skills Program organized a workshop on 'Movie Making on Sustainable Future' from 09.10.23-14.10.23. The event was coordinated by the Wildcats team, Students Welfare. The students made short video clips or movies based on ethical exploration of wildlife. They made very short and brisk movies based on the animals and their lives. This event basically allowed students to feel closely on how animals feel and survive. The movie clips were very appreciated and were saved for records.

clips focusing on wildlife ethics, conservation, and their silent and peaceful life. Dr. Jayant also took a workshop with those students. He discussed the significance of wildlife, its equivalent role in preserving nature, and contributing to serve human needs also. He shared words of encouragement, highlighting the significance of preserving wildlife and behaving responsibly while interacting with nature. He advocated a need of an hour to look at animals who need us as equally as we need them. He emphasized the need to avoid excessive reliance on technology and encouraged the use of traditional crafts to ensure the preservation of our wildlife.

competition concluded with the judge announcing the names of the winners, acknowledging their exceptional contributions to raising awareness about ethical exploration of wildlife.

WINNERS:

- First-, Yash, B.TECH SET, MRIIRS AND
- Second-Anamika, SET, MRIIRS

The judge of the competition was Dr. Jayant Saini, Assistant Professor at the Department of Biotechnology, MRIIRS.

The judge was impressed by the All 08 participants were deeply inspired and expressed gratitude for the valuable insights gained from the judge. The



20. Symposium on Air Toxicity on Bhopal Gas Tragedy Day

The Symposium on Air Toxicity was organized on December 3, 2024, to commemorate the Bhopal Gas Tragedy, one of the most devastating industrial disasters in history. The event aimed to raise awareness about air toxicity, discuss its implications, and explore preventive measures to avoid similar incidents.

The primary objective of the symposium was to foster a deeper understanding of the consequences of air toxicity, with a specific focus on the Bhopal Gas Tragedy, and to engage students in meaningful discussions about air quality, industrial safety, and environmental responsibility. Eminent experts in environmental science, public health, and industrial safety delivered keynote addresses. They provided an overview of air toxicity,

discussed the lessons learned from the Bhopal incident, and emphasized the importance of proactive measures.

Multiple panel discussions were conducted on various aspects of air toxicity, featuring experts from academia, industry, and environmental organizations. Topics included industrial safety regulations, emergency response mechanisms, and the role of communities in preventing and mitigating air pollution.

A session was dedicated to revisiting the Bhopal Gas Tragedy, with survivors sharing their personal experiences and insights.

Students engaged in interactive workshops and painting competitions reflecting through art focused on

practical aspects of air quality management. Topics included the use of air quality monitoring equipment, data interpretation, and community-based initiatives for addressing air pollution.

The Symposium on Air Toxicity on Bhopal Gas Tragedy Day provided a platform for comprehensive discussions, reflections, and knowledge-sharing on air quality issues. By commemorating the Bhopal Gas Tragedy, the event aimed to honor the victims, learn from past mistakes, and foster a commitment to preventing future environmental disasters. The symposium successfully brought together diverse perspectives, fostering collaboration among experts, policymakers, and community members in the shared goal of creating a safer and healthier environment.

21. Three Days Workshop on Waste Management

Manav Rachna Life Skill Program organized an event "Three Days Workshop on Waste Management" held from 15.11.23 to 17.11.23, keeping in view the importance of waste management, the emphasis was on how the youth can contribute to safeguarding the environment by spreading awareness, reusing waste materials, and

motivating others to do the same. In the workshop, the students were given a few sensitizing sessions by the faculty members and coordinators to plan accordingly to make the workshop more effective. Students learned the importance and need of waste management and how to implement the same using the 3R's principle – reduce,

waste and reuse the materials and to reduce the pollution.



reuse, and recycle. Students donated old clothes, books, and toys. This helps in providing for the underprivileged and be mindful of our consumption habits at the same time. Students also participated in a "Best out of Waste" session to create useful and innovative products from

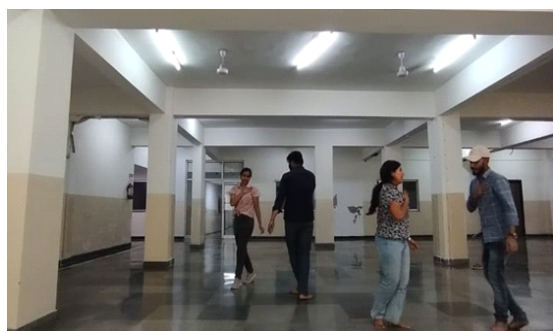


22. Training Program on Dance

The main purpose of teaching dance in colleges and universities is to enable students to master basic theories, basic

knowledge and general dance skills, as well as the skills of dance performances and choreographers. "Training Program

and visually appealing. Also, they taught the students how to be comfortable performing with confidence in front of large number of audience.



on Dance" was organized on 20.08.2023 at Manav Rachna Campus in association with DEARC Entertainment Pvt Ltd, under Manav Rachna Life Skill Program. The registered students trained by the expert Mr. Vicky. While the training program is going on students kept things efficient, organized,



23. Training Programme on Music

Under Manav Rachna Life Skills Program, a 'Training Program on Music' was organized from 01.08.23-30.11.23 at Manav Rachna Campus in association with DEARC Entertainment Private Limited.

Manav Rachna Education Institutions in collaboration with DEARC Academy of Performing Arts organized auditions for

conducting a training program on Music at B-Block auditorium. The event was graced by renowned personalities from the TV and the Media world. Notable among those seen in attendance Ms Sharon Lowen, Ms Gitanjali, Ms Palak Muchhal, etc to name a few. The auditions were conducted in 3 rounds. In

the first round, participants showcased their talent through their voice tone and module. During the second round, participants sang a classical song while coordinating with the team members. At last, an Introduction round was conducted. The Life Skills Program at Manav Rachna has enriched students by imparting them training across various genres thereby nurturing their skills and talent for facing bigger



challenges. The experts trained all 08 registered students. Also, they taught the students how to be comfortable performing in front of large audiences and provided opportunities for students to perform individually as well as in groups. Twenty students were shortlisted after participating in different activities and attended a three months training program.

24. Training Program on Theatre

The four-month theatre training program, held under the Manav Rachna Life Skill Program from August 1 to November 30, 2023, was a remarkable success, significantly enhancing participants' personal and interpersonal skills. Aimed at developing life skills such as communication, collaboration, creativity, and self-expression, the program engaged 27 participants in a variety of theatrical exercises and workshops led by experienced professionals. These sessions focused on

key aspects of theatre, including voice modulation, body language, improvisation, and script analysis, while also exploring the psychological and emotional dimensions of performance. The collaborative nature of the training fostered teamwork and mutual support, helping participants step out of their comfort zones and apply these skills to real-life situations. Reflective sessions further emphasized the practical applications of theatre in everyday life, such as improved public speaking,

enhanced interpersonal relationships, and better stress management. The program culminated in a final showcase where participants presented short plays, demonstrating their artistic growth and the transformative power of theatre. The overwhelmingly positive feedback from participants highlighted the program's effectiveness in using theatre to cultivate essential life skills, which will continue to benefit them in their personal and professional journeys.

25. Training Program on Fashion

Under Manav Rachna Life Skill Program, a Training Program on Fashion was organized from 01.08.23 -30.11.23 at Manav Rachna Campus in association with DEARC Entertainment Private Limited.

Manav Rachna Education Institutions in collaboration with DEARC Academy of

Performing Arts organized audition at A-Block auditorium with the best models of Manav Rachna. The event was graced by renowned personalities from the Fashion, Glamour and the Media world. Notable among those seen in attendance

included the likes of Mr. John Strand a famous model and actor, he has modeled for Giorgio Armani, Ms. Candel a lead actress from Argentina and works for Rushai Paris, Ms. Nishi Bharadwaj - A Miss India contestant walked in Delhi times Fashion week 2023, Mr. Deepinder Singh- awarded as the best

bespoke stylist by Raymond's Complete Man, Mr. Prashant Choudhary fashion Choreographer for AAIRA, Ms. Nidhi Bhardwarj fashion mentor of AAIRA and fashion designer by profession, Ms. Maria Khan to name a few. There were three rounds in which auditions took place. In the first round in divided walk were seen. While in the second round a participants were made to walk to analyze the team work among the constants. Third round was the introduction round where they were asked about themselves. The Life Skills Program at Manav Rachna has enriched students by imparting them training across various genres thereby nurturing their skills and talent for facing bigger challenges.



The experts Mr. Prashant Chaudhary and Mr. Bhinder trained the registered students. Also they taught the students how to be comfortable performing in front of large audiences and provided opportunities for students to perform individually as well as in groups. Twenty students were shortlisted by participating in different activities in this direction and initiated a three months training program on Fashion.

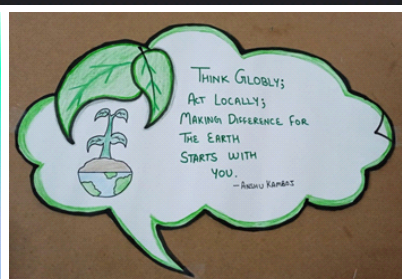
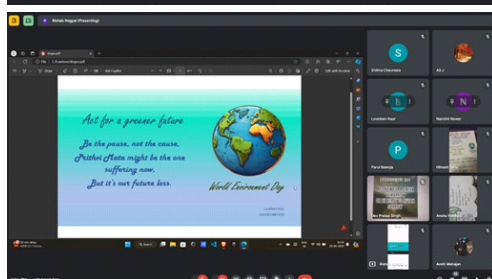
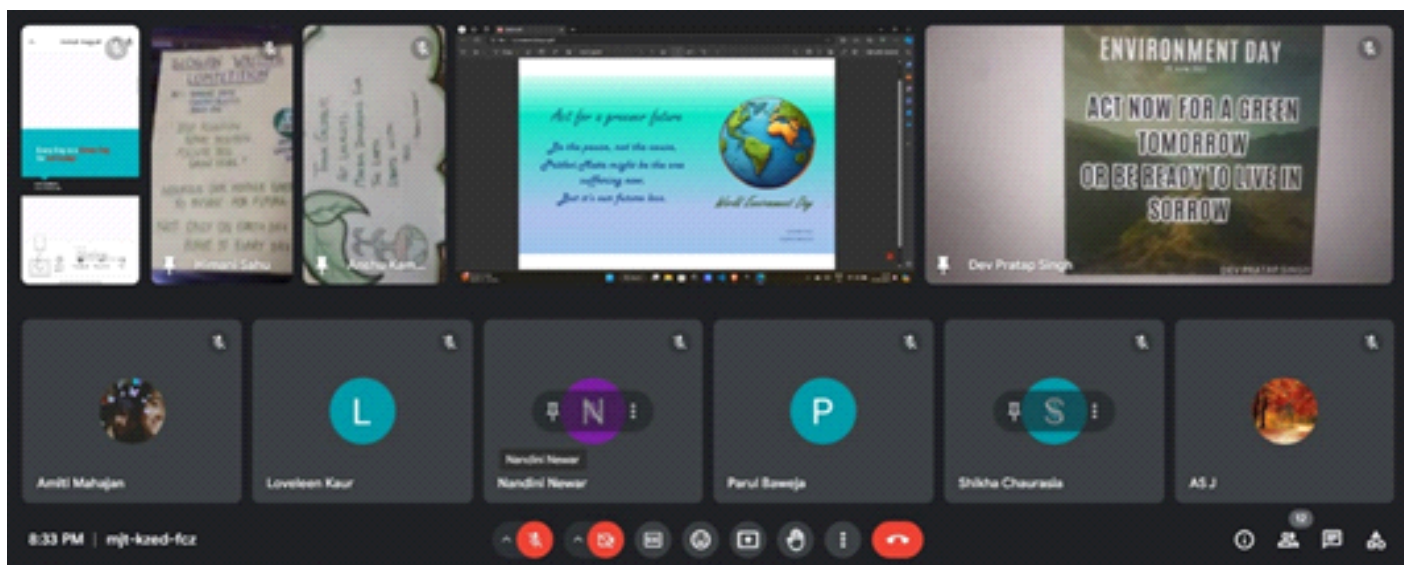
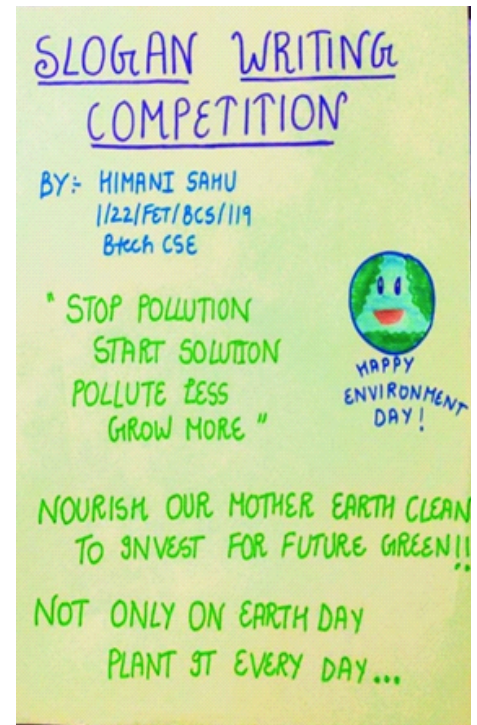


Creative of the Event

26. Celebration of World Environment Day

In accordance with the Manav Rachna Life Skill Program's Strategic Perspective Plan for 2023-2024, a "Slogan Writing Competition" was held on June 5, 24 in honour of World Environment Day. The competition focused on the value of natural habitats and the ways in which young people can contribute to environmental protection by raising awareness, cutting back on waste and consumption, preserving natural habitats, and making moral decisions. World Environment Day is a pivotal event that not only raises awareness about environmental challenges but also drives action at individual, community, national, and global levels. It holds the significance of raising awareness, promoting sustainable practices and encourages environmental projects, such as tree planting, clean-up

campaigns, and recycling initiatives. By celebrating this day, we reaffirm our commitment to safeguarding our planet for current and future generations, highlighting the critical role that everyone plays in creating a sustainable and healthy environment. The participants submitted the slogans as handmade posters and presentations on the given theme of the competition, i.e., "Act Now for a Greener Future". The winners were determined based on the criteria mentioned earlier, such as creativity, impact, relevance, clarity, and originality. The enthusiastic participation of students ensured the success of the event and inspired them to channel their creativity for the purpose of environmental protection. Registered participants successfully completed the activity as per guidance.



VI. Activities organized under the National Student Scheme (NSS) 2023-24

S. No	Name of the Event	Date (dd.mm.yyyy)
1	Community Outreach Program under MRLSP and UBA	13.07.2023-14.7.2023
2	Green Belting for a greener Earth	17.7.2023
3	"Samarambh"-Session on Motivation, Cyber Crime and Road Safety	21.7.2023
4	Participation of "Paigam" during Blood Donation Camp	16.09.2023
5	Participation in Pre Republic Parade Trials	20.09.2023
6	Participation in Cyclothon	12.10.2023
7	Awareness Program on Crime Against Women by NSS Volunteers of MRIIRS	22.11.2023
8	Ice Breaking Session during Special Olympics Bharat	11.04.2023
9	Session on Voter Jagrookta	30.04.2024

1. Community Outreach Program under MRLSP and UBA

"If you want to lift yourself up, lift up someone else."

Booker T. Washington

A Visit to Schools in the adopted Villages was organised during "Deekshaarambh"- Orientation Session for the newly admitted batch of 2023 under the NSS wing of MRIIRS on **July 13, 2023** and **July 14, 23**. The aim of the visit was to provide students with exposure to rural life, community engagement, and environmental awareness.

Students and volunteers of NSS visited the Govt. Middle School, Heerapur. The team conducted various activities with the school students for imparting knowledge and encouraging the students to pursue their interests and talents. The activities involved Interactive Learning Sessions, Environmental Awareness Workshops, Poster Making Competition and Plantation Drive. Through engaging in activities and games, they introduced various subjects, emphasizing the



importance of education in shaping the future, instilling eco-friendly practices among the students and encouraging them to be responsible environmental stewards.

A second group of students and NSS volunteers visited the School in Nariyala Village where students interacted with school students and disseminated awareness regarding Plastic Pollution, Waste Segregation, E-Waste Management, Sustainable Goals and Renewable Energy. Students also participated in the Plantation Drive and distributed Stationary among the School Students. Activities undertaken for engagement and enjoyment were: Yoga, Acrobatics - Cart wheeling and Headstands, Singing and dancing, Games, Discussions on goals and aspirations of the students, Quiz on Plastic Pollution and E-Waste.

A third group of NSS volunteers visited the Panhera Village. With the purpose to engage students in meaningful conversations and encourage them to take responsible initiatives, a Plantation Drive, Session on

Career Counselling, Quiz on Environment, and an Awareness Session on Environment and Water Conservation for school students were conducted. The visit exemplified the significance of student engagement and transformative impact that community-oriented approach to education can have on the lives of students. Through this event, students inculcated the habits of keeping Environment clean and also imbibed the skill and power of motivation and persuasion.

The fourth and final group of NSS volunteers visited Government Primary School, Maujpur at Ballabhgarh to meet and interact with the school students up to 5th standard. They drew tender and beautiful paintings, some danced on popular songs, sang songs, uttered alphabetical orders and numerical with confidence. The team of students also planted saplings in the School Campus. The visit was thought provoking to motivate and encourage our newly admitted students to realize their existence which allows them to work for social welfare and to sustain amiability with the social sphere in contemporary time.



2. Green belting for a Greener Earth under UBA

"He who plants a tree plant hope." - Lucy Larcom

Students from NSS unit, Eco Society "Idhika" of MRIIRS under the Unnat Bharat Abhiyaan, Flagship Programme of Ministry of Education, Government of India participated in the Plantation Drive under the aegis of Dr. O.P Bhalla Foundation. The Greenbelting was conducted outside the Off-campus Hostel, Sector 45, Faridabad.

The plantation drive was conducted with the purpose of Green Belting the area. This initiative sought to enhance the ecological balance of the region, mitigate the effects of pollution, and foster a healthier environment for both wildlife and humans alike. Through the concerted efforts of everyone the green belting project aimed to create a sustainable and visually appealing landscape, enriching the surroundings and leaving a lasting positive impact on the ecosystem. **Greenbelting for a Greener Earth under UBA-July 17, 2023.**



3. "Samarambh" - Session on Motivation, Cyber Crime and Road Safety

"Information is like a beacon, illuminating the path to success"

Manav Rachna International Institute of Research and Studies and Students Welfare and NSS wing in association with Faridabad Traffic Police, organized an informative session on the topic of Motivation, Cyber Crime and Road Safety on **July 21, 2023**, in the A Block auditorium. The event was attended by over 250 students and Faculty members from the School of Engineering and Technology.

For the first segment of the session, Smt. Garima Sehgal, a Communications and NLP Coach, expounded on the topic of Change and how it sustains itself to be an only constant around us. She tried to inquisitively enable the attendees to



think about whether they are able to embrace change with the mindset for growth. She pointed out factors that hindered change and also threw light on skills required to facilitate positive change. She ended her speech by giving out a rallying call to the students to: "Shine one's own light, and embrace change". ASI Virender Singh popularly known as "Traffic Tau" set the stage and beautifully interacted with students regarding Safety measures to be taken by youngsters while driving.

Introducing the second segment of the programme, was RJ Bhavna, Producer and Senior RJ, Radio Manav Rachna, who called on stage Sh. Amit Yashvardhan, DCP for Traffic, Faridabad. He elaborated vividly on three topics, namely Drug Abuse, Cyber Crime and Road Safety. He helped

analyze the prevalence of drugs in Society, and how that has accelerated India's inclusion into the Red Zone category of drug abuse in the world. He presented different legal and physical effects of drugs on an individual's life with the help of figures and facts cited by different surveys and research.

He also touched upon the topic of Cyber Crime; its different shades, how it makes people vulnerable and how one may identify and eradicate the dangers of online crimes. Sh. Yashvardhan ended his talk by having everyone make a pledge on Road Safety. Later on Sh. Basant Chauhan, Inspector, Cyber Crime, Faridabad, adding to the Cyber Crime aspect, helped interpret motives of data theft, how to secure data on devices and ways to spread awareness about Cyber Crimes among friends and family.



4. Participation of "Paigam" during Blood Donation Camp

"The gift of blood is a gift to someone's life."

Students Welfare has always been at the forefront in sensitizing and raising awareness on days of significance and during campaigns benefitting society as a whole. In alignment with the same, Theatre Society, Paigam and NSS volunteers organized and performed a Nukkad Natak on **September 16, 2023** in adherence to the Blood Donation drive organized by Dr. O.P. Bhalla Foundation



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Manav Rachna International Institute of Research and Studies, Sector 43, Faridabad, Haryana, 121004

lives. This encouraged the audience to participate in the blood donation drive and disseminate the same message among others. It also highlighted the vision and role of the Dr. O.P Bhalla Foundation in the Campus and other community spaces. The Nukkad Natak was part of a weeklong sensitizing campaign based on Ek Muthi Daan theme, where similar performances were presented throughout the week across common spaces in the Campus.

as part of the Remembrance Day programme conducted to honor Late Dr. O.P. Bhalla, Founder, Manav Rachna "Vidyantariksha".



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The Nukkad Natak portrayed characters advocating proper segregation of plastic waste, Plastic waste management and disposal. It was also an opportunity for interaction with the audience and propagating the importance of Blood Donation in saving



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5. NSS Volunteers Participation in Pre Republic Parade Trails

"True patriotism is not just about waving the flag; it's about living up to the ideals that it represents."

Ms. Monika Bhati and Ms. Sumi Tiwari represented NSS, Manav Rachna International Institute of Research and Studies in the Pre-Republic Day Parade Trials held at Guru Jambheshwar University of Science and Technology (GJUIST), Hisar on **September 20, 2023**. During the initial round of the trials, both the students displayed exceptional athleticism during the sprints. Ms.



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Monika Bhati secured the second position in her group. The dedication and performance of both the students in this round were commendable. In the second round, which involved the March Past Parade, students exhibited remarkable teamwork and

discipline. Their coordinated efforts were indeed a sight to behold, showcasing the precision and discipline required for such an event.



Guru Jambheshwar University of Science & Technology, Hisar, 125001, HR, India
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The cultural round, the third and final segment, required participants to showcase the rich culture of India through singing or dancing on patriotic songs or folk songs. The students delivered outstanding performances, leaving a lasting impression on the judges and the audience. Their dedication to representing the cultural diversity of the Nation was evident in their exceptional presentations.

The results for the Pre-Republic Day Parade Trials are eagerly awaited and are scheduled to be announced in October.



Guru Jambheshwar University of Science & Technology, Hisar, 125001, HR, India
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6. Participation in Cyclothon organized by Haryana State Commission for Women

"Drugs take you to hell, disguised as heaven."

A Cyclothon was organised by Haryana State Commission for Women with the purpose to promote the "Drug-Free Haryana" campaign. The event witnessed enthusiastic participation from NSS Volunteers, female students and Faculty members of Manav Rachna International Institute of Research & Studies. The primary objective of the

event was to raise awareness regarding the adverse effects of drug abuse and to encourage a healthy lifestyle through cycling.

Participation of NSS volunteers, Students and Faculty Members in the event not only demonstrated commitment to promoting a drug-free Haryana but also showcased determination to lead a healthy and active life. The participants exhibited a

high level of energy and enthusiasm throughout the event, setting an excellent example for others.

The Cyclothon followed a well-planned route, covering a distance of approximately 2 -3 kilometers. Participants cycled through scenic routes within the city, passing through various prominent locations, engaging the local community, and spreading the message of drug awareness.



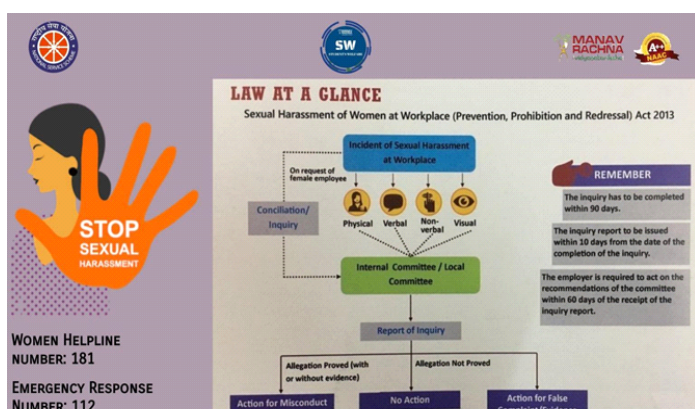
7. Awareness Program on Crime Against Women by NSS Volunteers of MRIIRS

Manav Rachna International Institute of Research and Studies, Students Welfare and its NSS wing in compliance to the captioned subject conducted an awareness campaign by displaying

billboards and creative posters throughout the Manav Rachna Campus at Faridabad, in all Academic Blocks. The posters and billboards displayed the penal consequences that have been

person can reach out to when in need of help in harassment scenarios.

On **November 22, 2023**, Paigam, the Theatre Society of MRIIRS and NSS volunteers in collaboration with the Government and Faridabad Police, Haryana conducted a Nukkad Natak at two locations, Senior Women and Child Secondary Girls School, Bhallabgharh, Faridabad and Institute of Hotel Management, Faridabad. The information Nukkad Natak was based on Sexual Harassment of Women at Workplace (Prevention, Prohibition & Redressal) Act, 2013. It was aimed at raising awareness and to inculcate the spirit of organizations, a respect and honour equally towards



women and girl children in Society. Students showcased vibrant messages innovatively before the audience; depicting how the issue of harassment is still prevalent at places of work, home and other public places. It also helped to lay down different ways to prevent sexual abuse and harassment. The volunteers urged the audience to take legal action whenever any untoward incidents occur at any point of time.



8. Ice Breaking Session during Special Olympics Bharat

"Champions aren't made in the gyms. Champions are made from something they have deep inside them -- a desire, a dream, a vision." - Muhammad Ali

Final preparatory camp for the Special Olympics Bharat was hosted at Manav Rachna International Institute of Research and Studies from **April 10-15, 2024**. During the camp, an ice breaking session was conducted by Students Welfare and the NSS wing of MRIIRS on April 11, 2024. The camp was attended by participants from different states including Delhi, Haryana, Gujarat, West Bengal, Maharashtra, Jharkhand, Punjab and Uttar Pradesh. The event was graced by Special Invitee Dr. Ronjan Sodhi, Former Olympian, recipient of Arjuna Award and Rajiv Gandhi Khel Ratna Award; Dr. Shobha Srivastava, Deputy Registrar Admin, MRU; Ms. Ritika Singh, Director, SCHM, MRIIRS; Dr. Gurjeet Kaur



Chawla, Dean Student Welfare, MRIIRS and volunteers from Student Council and the NSS Cell.

Dr. Ronjan Sodhi shared some words of motivation and appreciated the efforts of all the athletes. His words ignited a fire within the hearts of all present and inspired them to give their best at all

times. During the Ice breaking session, fun activities were conducted by Mr. Libin Babu, Manager, Students Welfare to allow the athletes and their trainers to unwind after tiring sessions of training. The floor was then opened for all where students from the Student Council, athletes and trainers showed their moves. The mesmerizing performances by all the participants captivated the audience.



The event served as a platform for the athletes to engage with the vibrant community of MRIIRS. Alongside rigorous football practice, the athletes were treated to a holistic experience encompassing expert sessions on Nutrition, Physiotherapy, Psychology, and Meditation. These enriching sessions extended a multi-dimensional experience to the athletes and coaches, at the cusp of their departure for the Special Olympics to be held at Dhaka in April 2024.

9. Session on Voter Jagrookta

"Democracy is based upon the conviction that there are extraordinary possibilities in ordinary people." -Harry Emerson

An enlightening session on "Voter Jagrookta" was organised by Students Welfare and volunteers from the NSS cell of MRIIRS on **April 30, 2024** under the flagship of Systematic Voters Education and Electoral Participation. The event was graced by Dr. Amit Maan, SDM, Faridabad; Mr. Lokesh Rajput, Brand Ambassador, SVEEP activities; Mr. Ramesh Nair, Registrar, MRIIRS; Dr. Gurjeet Kaur Chawla, Dean Students Welfare and Dr. Gurpeet Singh Matharu, University Nodal Officer, Electoral Literacy Club, Faculty members and students. The event was hosted by Ms. Ananya Dobriyal, student of SET.

The event started with an energetic address by Mr. Lokesh Rajput. Through his address, he aimed at educating and motivating all to actively participate in the voting process. He shared how the youth can influence and have a meaningful impact by voting in an ethical manner. He also emphasised the responsibility of voters to make informed choices by researching candidates and parties to make the right decision. Student Members of Electoral

Literacy Club, Ms. Varshni and Mr. Yuvraj shared their views on Voter Awareness and how increased voter awareness contributes towards a more engaged and informed electorate and encouraged the audience to become proactive agents of change. A Pledge taking ceremony was conducted by Ms. Monika Bhati, President, Student Council. Through the pledge, all promised to exercise their right to vote in an ethical and judicious manner with the motive to uphold the democratic traditions of the Country.

In his address, Dr. Amit Maan mentioned about the SVEEP activities and their importance in spreading the word regarding voter awareness. He provided insightful information on the Registration process and ensured the significance of accurate voter details. He also shared information about upcoming voter awareness campaigns and initiatives.

An interactive Q/A session was also conducted where the audience actively cleared their queries and asked questions related to the theme from Dr. Amit Maan and Mr. Lokesh Rajput. Dr. Sonia Duggal, Associate Professor, School of Computer Applications also asked

thought-provoking questions during the session and encouraged the audience for the same. Dr. Gurpeet Singh Matharu delivered the vote of thanks where he expressed gratitude towards all the esteemed guests for enlightening the participants with crucial knowledge related to the voter awareness. He also encouraged all to cast their vote and contribute their bit towards the Nation.

Students Welfare would like to express sincere gratitude towards the Management and Senior Functionaries for their empowering support and guidance. Students Welfare would like to thank Radio Manav Rachna for cooperation and being a part of the initiative throughout. It would also like to encourage all to exercise their right to vote and make informed choices.



Session on Voter Jagrookta

VII. Activities conducted on Viksit Bharat@2047

1. Workshop on "Awareness and Capacity Building of Rural Women Entrepreneurs through Lakhpati Didi Scheme

The workshop on "Awareness and Capacity Building of Rural Women Entrepreneurs through the Lakhpati Didi Scheme," organized by Manav Rachna International Institute of Research and Studies (MRIIRS), Faridabad, was a significant initiative aimed at empowering rural women by enhancing their awareness and skills. The event featured three key sessions: The first, led by Dr. Nandini Srivastava, a distinguished rural development expert, provided an in-depth understanding of the Lakhpati Didi Scheme, explaining its objectives, such as offering financial assistance, skill development training, and marketing support to rural women entrepreneurs. This session clarified the scheme's structure, implementation modalities, and resources available to participants, thus enabling them to make informed decisions about their entrepreneurial endeavors.

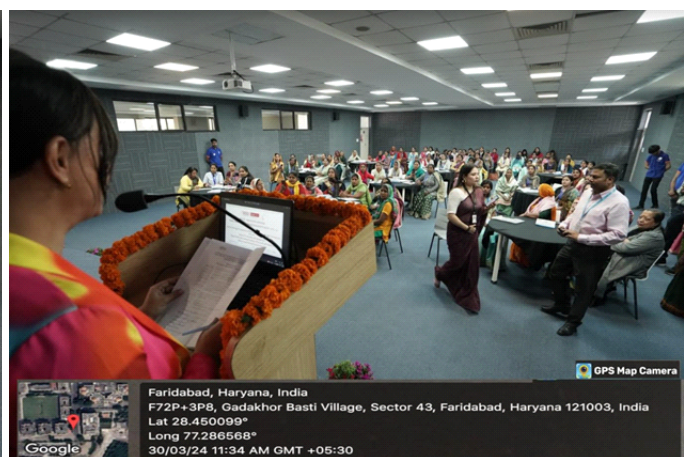
The second session, conducted by Dr. Rashmi Singel, Associate Professor at the School of Leadership and Management, MRIIRS, focused on financial literacy and management skills crucial for rural women entrepreneurs. Participants were introduced to fundamental

financial concepts like budgeting, bookkeeping, and financial planning, with practical exercises and case studies facilitating hands-on learning and empowering them to make informed financial decisions for their businesses.

The third session, featuring Mrs. Pooja Sharma, President of the Self Help Group "Kshitiz" from Chandu Village, Gurugram, presented an inspiring success story under the Lakhpati Didi Scheme. Her journey from humble beginnings to leading a thriving enterprise highlighted the transformative power of entrepreneurship and the importance of

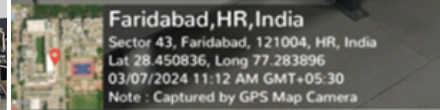
community engagement and perseverance.

The workshop concluded with closing remarks and a vote of thanks by Prof. Taranjeet Kaur, Dean, SBSS, MRIIRS, who expressed gratitude to all participants, speakers, and organizers for their valuable contributions. The event, convened by Dr. Nandini Srivastava, Dr. Taranjeet Kaur, and Dr. Rashmi Singel, served as a vital platform for knowledge exchange, skill enhancement, and inspiration, reaffirming the commitment to empowering rural women entrepreneurs and fostering inclusive growth in India.



2. Panel discussion on "From Stride to Strive: Women's Impact in Viksit Bharat"

The panel discussion "From Stride to Strive: Women's Impact in Viksit Bharat" provided valuable insights into the multifaceted contributions of women to Viksit Bharat and the challenges they continue to face in achieving full empowerment and equality. The discussions underscored the importance of collaborative efforts involving government, civil society, and the private sector to create an enabling environment for women to thrive. Moving forward, it is imperative to translate these insights into actionable strategies and policies that advance the status of women and harness their potential as catalysts for development in India.



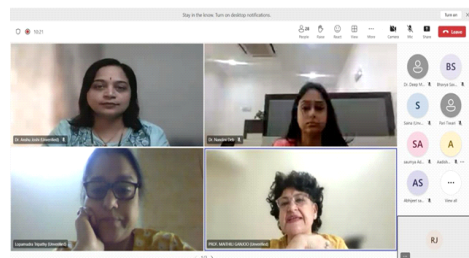
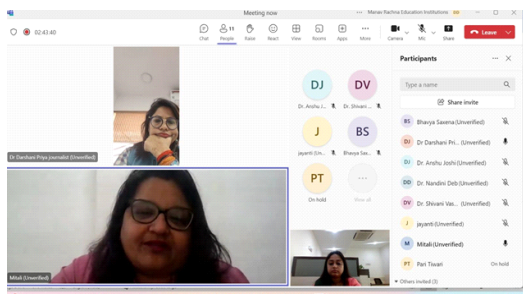
3. Session On Nari Shakti In Nation Building: "Progress And Promise For Women Today"

The session on Nari Shakti in Nation Building: "Progress and Promise for women Today aimed at fostering dialogue and idea exchange, the discussion endeavours to inspire collective action towards gender equality, emphasizing the crucial contribution of "Nari Shakti" to a more

inclusive and prosperous future for all. The panelists, Dr. Anshu Joshi, Faculty at the School of International Studies Jawaharlal Nehru University, New Delhi; Dr. Lopamudra Tripathy, Development Professional, Gender and Social Behaviour Change, UNICEF and Dr. Darshani Priya, Novelist, Social Worker and Linguist, Jawaharlal Nehru University, New Delhi spoke about emphasizing the pivotal role women play in shaping the socio-economic fabric of our nation. The dialogue highlighted the progress made by women in education, employment, politics, and entrepreneurship, showcasing

inspiring examples of their achievements.

The session was attended by the 42 participants including students and faculty members of the Department of Journalism & Mass Communication, School of Media Studies & Humanities, MRIIRS. (A copy of the attendance is attached here with)



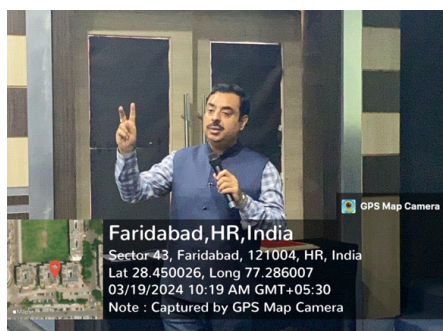
4. Session on Power of Technology to Access information: Empowering youth on Fact Checking

The session on Power of Technology to Access information: Empowering youth on Fact Checking aimed at making students and faculty aware of the relevance of fact checking tools and the process of data verification and

validation resulting in the credibility of information. The session shined light on data-driven story-telling and how it is about weaving numbers, statistics, and trends into stories that inform, engage, and provoke thought. The expert, Dr Nimish Kapoor, a scientist and a science communicator associated with Vigyan Prasar, Department of Science & Technology, Govt. of India, spoke about the use tools and approaches to verify the numbers and highlighting the use of Pinpoint to analyse and verify large datasets and documents and Wayback Machine to find old web data. He also elaborated on how the intricate data sets

can be segregated and presented with understandable and actionable insights.

The session was attended by the 49 students and faculty members of the Department of Journalism & Mass Communication, School of Media Studies & Humanities, MRIIRS.



5. National Seminar on Vikshit Bharat 2047- A vision organized by Bharat Seva Pratisthan on 22nd March 2024

On our way to Amrit Kaal, there is a renewed academic urge to engage on discussions around the 'development of nation. In order to inculcate the spirit of Amrit kaal and development, The Department of Journalism and Mass Communication, School of Media Studies & Humanities (SMeH) organized a visit to the National Seminar on Vikshit Bharat 2047- A vision organized by Bharat Seva Pratisthan on **March 22, 2024** from 9 am to 6 PM at J C Bose University, YMCA, Faridabad. The visit was coordinated by Prof (Dr) Maithili Ganjoo, Head, DJMC (officiating), Dean SMeH, MRIIRS.

The Seminar had a total of three sessions with eminent panel members delving into the themes of Importance of Education in Development of the Nation, The role of Defence forces in Development, The importance of the health sector in Development of the nation. The second session was chaired by Lt. Gen. V.K. Chaturvedi and Coordinated by Dr. Savitha Bhagat. The Keynoted address was delivered by Prof. S. P. Bansal, Vice Chancellor, Central University of Himachal Pradesh where he focused on the importance of learning and promoting regional languages to create an environment of Development. The Second Keynote address was delivered by Lt. Gen K J Singh, former Chief of Western Command, Bhartiya Sena, in which he emphasized the role of defense



forces in ensuring development. He focused on India's defense capabilities and how it ensures a secured nation and developed nation.

The third session was Chaired by Dr. Ramesh Agarwal and was coordinated by Dr. Maithili Ganjoo. His address focused on the role of medical practitioners in the development process. He emphasized a patient based approach, where importance is given to understanding the patient in order to develop effective treatment process.



VIII. Activities conducted Under Unatt Bharat Abhiyan (UBA)

1. Community Outreach Program under MRLSP and UBA

During the “Deekshaarambh” Orientation Session on **13th and 14th July 2023**, newly admitted students of 2023 participated in a village visit under the Manav Rachna Life Skill Program and Unnat Bharat Abhiyaan. Students, accompanied by Clan Chiefs, Clan Vice-Chiefs, and Faculty Coordinators, visited schools in adopted villages to engage with rural communities and raise environmental awareness. They conducted various activities, including interactive learning sessions, environmental workshops, and plantation drives, fostering social responsibility and empathy while promoting sustainable practices. The initiative highlighted the importance of community engagement in holistic education and student development. Students Welfare expressed gratitude to the Senior Management, Clan Chiefs, Vice-Chiefs, and Faculty Coordinators for their guidance and support.



Community Outreach Program under MRLSP and UBA- 07.07.2023

2. Green belting for a Greener Earth under UBA

Under the Unnat Bharat Abhiyaan, students from the NSS unit and Eco-Club "Idhika" of MRIIRS, guided by the Dr. O.P Bhalla Foundation, participated in a

Plantation Drive aimed at greenbelting the area outside the Off-campus Hostel in Sector 45, Faridabad. Led by Dr. N.C Wadhwa, Director General of Manav Rachna Educational Institutions, the initiative sought to enhance the ecological balance, mitigate pollution, and create a sustainable landscape. Dr. Wadhwa emphasized the vital role of trees in combating climate change and preserving biodiversity, encouraging students to embrace environmental stewardship. The event concluded with students

taking the Green Pledge under Mission LiFE, committing to a cleaner and greener planet.



3. Participation in "Ek Tareekh, Ek Ghanta, Ek Saath" Campaign under UBA

On **October 1, 2023**, MRIIRS actively participated in the "Ek Tareekh, Ek Ghanta, Ek Saath" campaign under the Swachhata Pakhwada-Swachhata Hi Sewa (SHS) 2023 initiative, aligning with the Nationwide cleanliness drive

launched by Prime Minister Narendra Modi in honor of Gandhi Jayanti. Students and faculty members from various departments gathered to clean the campus, removing grass, weeds, and plastic waste as part of a one-hour "Shramdaan for Swachhata." The campaign, emphasizing community collaboration, reinvigorated participants' commitment to volunteering and the 'Swachh Bharat' mission, highlighting the collective impact of individual efforts in creating cleaner, healthier communities.



4. Participation in Cyclothon organized by Haryana State Commission for Women

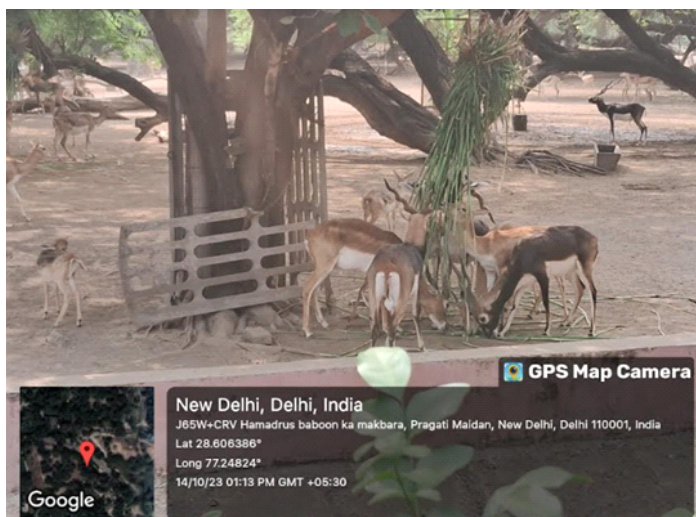
The Haryana State Commission for Studies (MRIIRS). The event aimed to raise awareness about the harmful effects of drug abuse and encourage a healthy lifestyle through cycling. Covering a well-planned route of 2-3 kilometers, participants engaged the local community, spreading the message of drug awareness. The event concluded with a prize distribution, where MRIIRS participants were recognized for their dedication. The Cyclothon successfully highlighted MRIIRS's commitment to social causes and promoting a drug-free, healthy lifestyle.



5. Visit To "waste To Wonders" And National Zoological Park 14.10.2023

On October 14, 2023, the Eco Society "Idhika" and NSS, in collaboration with Clan Wildcats under Unnat Bharat Abhiyan, organized an educational trip to the "Waste to Wonder" theme park and the National Zoological Park in Delhi. Thirty-one students from various departments, guided by Dr. Tripti Tyagi, Clan Chief of Wild Cats, and Dr. Ashish Shukla, Assistant Professor of Civil Engineering, participated in the visit. The "Waste to Wonder" park, featuring replicas of the world's seven wonders made entirely from industrial waste, offered students a unique perspective on recycling and sustainability. The visit underscored the importance of creativity in environmental conservation. Following this, the group explored the National Zoological Park, where they encountered diverse wildlife, deepening their understanding of biodiversity and conservation.

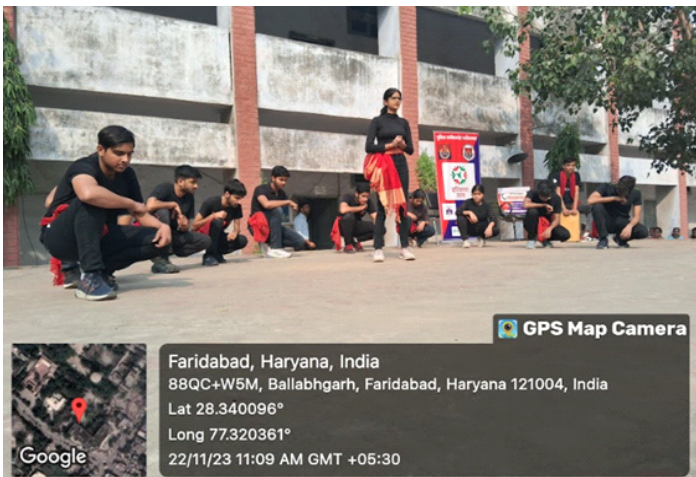
The trip provided both an enjoyable respite and an enriching learning experience, leaving students with lasting memories and a renewed commitment to environmental stewardship. The Student Welfare Department extends gratitude to the management, faculty, and students for their support and participation.



6. Awareness Program on Crime against Women by NSS Volunteers of MRIIRS under UBA

On November 22, 2023, the Students Welfare, NSS, and "Paigam"-Theatre Society of MRIIRS, in collaboration with Faridabad Police, organized a Nukkad Natak under Unnat Bharat Abhiyaan (UBA) at Senior Secondary Government Girls School, Bhallabgarh, and the Institute of Hotel Management, Faridabad. The performance focused on the harassment of women and girl children in workplaces, educational institutions, public places, and homes, aiming to raise awareness and promote respect, honor, and equality for women in society. The Natak effectively conveyed the prevalence of

harassment and emphasized the importance of taking legal action against such incidents. It also provided the audience with information on emergency contact numbers and organizations that assist in handling cases of harassment. The Students Welfare Department extends its gratitude to the Management, Senior Functionaries, and Faridabad Police for their support and encourages students to continue engaging in initiatives that contribute to a safer and more positive community.



IX. Prominent Recognitions/Awards 2023-24

1. Student Achievements



- **MRites Shine at ZEST 2K23 - Annual Cultural Fest, Lingaya's Vidyapeeth**

Surtarang, the dynamic music society of MRIIRS, left an indelible mark at 'ZEST 2K23,' the Cultural Fest of Lingaya's Vidyapeeth, with exceptional performances across various categories. From Group Song and Battle of the Bands to Duet and Solo Singing, Surtarang showcased its musical brilliance. Bhanu Pal's mesmerizing Solo Singing performance earned him the coveted first prize, while Prateeksha Patari and Rohit Halder secured second place in Duet Singing with their captivating harmony. These victories stand as a testament to the dedication, passion, and

musical excellence of Surtarang's talented members. Students Welfare extends a hearty Thanks to the Management and Senior Functionaries for being the pillar of strength. Students Welfare congratulates "Surtarang"-The Music Society of MRIIRS on the ecstatic victory.

- **MRIIRites shine at District Level (Level 4) of Inter University Road Safety Quiz Competition**

As part of an initiative to promote road safety awareness, the Faridabad Police organized an Inter-University Road Safety Quiz Competition, drawing participation from over 5 lakh students across more than 1500 educational institutions. The competition, structured in four levels, culminated in a District-Level Finale on **December 2, 2023**, at Homerton Grammar School. The MRIIRS team, consisting of Prachi Chawla, Shivansh, and Ritika from the Bachelor of Design program, triumphed in the final round, earning the top position and receiving various accolades, including the University Trophy and individual prizes. Their outstanding performance was



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Faridabad, Haryana, 121004

recognized by both the Faridabad Police and the Higher Authorities of MRIIRS, who honored their dedication and achievement.



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- MRIIRites shine at “Envisage 2K24”-Cultural Annual Fest of MVN University**

Paigam,” the Dramatics Society, and “Aaira,” the Fashion Society of Manav Rachna International Institute of Research and Studies, delivered outstanding performances at “Envisage 2K24,” the Cultural Annual Fest of MVN University on **February 22, 2024**. “Paigam” won first prize in the Nukkad Natak Competition with their impactful performance, “Nanhi Chiraiya,” focused on women empowerment. The 11-member team impressed both the audience and judges with their powerful portrayal of gender equality issues. “Aaira” secured second prize in the Fashion Walk, captivating judges with their stunning “Ethnic Royalty” theme, which beautifully blended tradition with contemporary style.



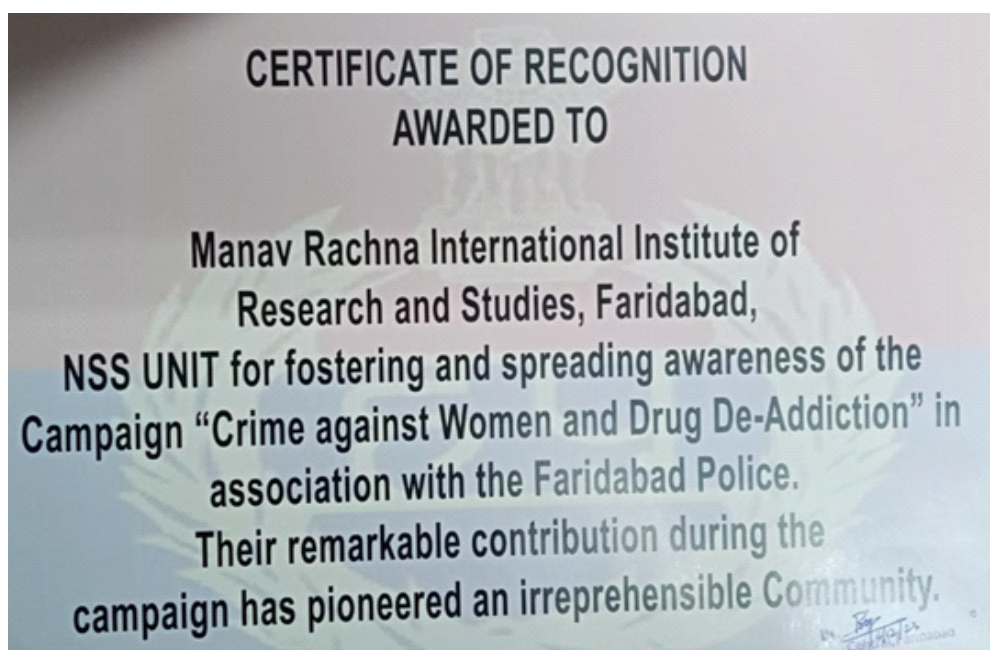
- MRIIRS Shine at BLITZKRIEG'23- The Annual Fest, IBS Gurgaon**

At Blitzkrieg' 2023, the annual management fest of IBS Gurgaon, Mr. Udyah Ahuja from MRIIRS secured 1st position in the Tamasha-Monologue Competition organized by Navrang Club. The event took place on **December 21st and 22nd, 2023**. Udyah's outstanding performance exemplified skill and talent, marking a memorable achievement in the competitive atmosphere of the fest.

2. Recognitions

- Certificate of Recognition for outstanding efforts in campaigning against crime against women and drug de-addiction.**

The NSS unit of MRIIRS received a Certificate of Recognition from Central Faridabad for its outstanding efforts in campaigning against crime against women and drug de-addiction. The campaign, conducted in association with the Faridabad police, highlighted the university's commitment to social responsibility and community welfare.





• **Certificate of Appreciation from Bisleri International Pvt Ltd**

Clan Water Sharks, under the Manav Rachna Life Skills Program, received a Certificate of Appreciation from Bisleri International Pvt Ltd for their impactful Recycle Plastic Collection Drive held on **April 22, 2024**. Inspired by the World Earth Day theme “Planet vs Plastics” and in collaboration with Green Hands and Bisleri International Pvt Ltd., the drive successfully supported Sustainable Development Goals 6 and 12, emphasizing the importance of responsible consumption and environmental stewardship. The initiative received widespread participation from students and faculty, contributing to a significant reduction in plastic waste and promoting a sustainable future.



• **Certificate of Appreciation from Indian Red Cross Society**

MRIIRS was awarded a Certificate of Appreciation for its outstanding contributions to Red Cross activities. The recognition highlights the university's dedication to community service and its active role in promoting humanitarian values through various impactful initiatives.





ANNUAL REPORT STUDENT WELFARE AY 2023-24



**Manav Rachna International Institute
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